FOR IMMEDIATE RELEASE:

Northumberland Hills Hospital Launches New Stroke Recovery Clinic

NORTHUMBERLAND COUNTY, Thursday, February 26, 2026—Northumberland Hills Hospital (NHH) is pleased to announce the launch of a new Stroke Recovery Clinic. The clinic, located on the main floor, will offer multidisciplinary stroke rehabilitation services to stroke patients eighteen years and older who have been discharged from NHH, or referred from area providers.

"This Clinic brings together a multidisciplinary approach to ensure individuals recovering from a stroke can access vital rehabilitation services, namely physiotherapy, occupational therapy, and speech language pathology, close to home. The Stroke Recovery Clinic is another initiative that is guided by NHH's *Experience Framework*, dedicated to improving our patient experience and providing exceptional and accessible care," says Susan Walsh, President and CEO of Northumberland Hills Hospital.

About the Stroke Recovery Clinic

The new **Stroke Recovery Clinic**, located on 1A, in the Patient Rehabilitation Gym, welcomed its first patients on **Tuesday, February 24, 2026**. Its days/hours of operation are weekdays on Tuesday, Wednesday and Thursday from 8:00 AM to 4:00 PM.

Who We Serve and Eligibility

Any Ontario resident who is recovering from a stroke who:

- is 18 years of age or older
- is living safely at home or in a retirement home
- has experienced, and is recovering from a stroke in the past year
- is willing, and able, to participate in an intensive therapy program
- has achievable and/or meaningful rehabilitation goals
- requires one or more registered rehabilitation discipline(s) (e.g., Physiotherapist, Occupational Therapist, or Speech Language Pathologist) to support goals related to the impact of their stroke

Information has been made available to referring area providers. Supporting materials, can also be found on our nhh.ca website in the Patient Services tab under 'Outpatient Care'.

Media inquiries Micol Marotti, Communications Officer, **mmarotti@nhh.ca** 905-372-6811 ext. 4009.

About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, cancer and supportive care, dialysis and other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 67,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope, Alderville First Nation and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs more than 850 people and relies on the additional support provided by physicians, midwives and volunteers. NHH is an active member of Ontario Health (East)—formerly the Central East Local Health Integration Network—and the Ontario Health Team of Northumberland. For more information, please visit nhh.ca or follow us on Facebook @northumberlandhillshosp and LinkedIn Northumberland Hills Hospital.