

# PATIENT- AND FAMILY-CENTRED CARE

## 1. STATEMENT OF PURPOSE

Patient- and family-centred care has been a Board Strategic Direction for the past six years. There is a requirement to further define what patient- and family-centred care is and what actions Northumberland Hills Hospital (NHH) will take to further support and enhance this approach.

#### 2. NHH Values

Patient- and family-centred care at NHH is driven by the core values held by the organization:

- > Integrity
- > Quality
- > Respect
- Collaboration
- Compassion

## 3. DEFINITION OF PATIENT- AND FAMILY-CENTRED CARE

Providing care that is respectful of and responsive to individual patient preferences, needs and values and ensuring patients' beliefs guide all clinical decisions.<sup>1</sup>

### 4. PATIENT- AND FAMILY-CENTRED CARE AT NORTHUMBERLAND HILLS HOSPITAL

- A. Building upon the work of Northumberland PATH, five key principles define this approach:
  - i. Respecting and honouring the beliefs of patients and families
  - ii. Collaborative engagement and partnership with patients and families

<sup>&</sup>lt;sup>1</sup> Institute of Medicine, Crossing the Quality Chasm; A New Health System for the 21<sup>st</sup> Century, Washington DC: National Academy Press, 2009. Page 6

- iii. Excellent communication for shared decision making with patients and families
- iv. Holistic care with patients and families
- v. Empathic relationship with patients and families
- B. As an organization, NHH needs to address patient- and family-centred care within three dimensions:
  - i. Interpersonal, or how we relate to patients / families
  - ii. Provision of care and enabling care to meet the needs of the patient / family
  - iii. Organization-wide structures and process designed to best meet the needs of patients / families

