



Partners

February 2013

THE NEWSLETTER OF THE NORTHUMBERLAND HILLS HOSPITAL FOUNDATION



Fred and Isabella Troop

Frederick J. & Isabella W. Troop **Endowment Fund**

Without question, Fred and Isabella Troop share a deep love and affection for the west Northumberland community and their actions are proof of this. In 2000, they made the single largest individual gift to the Caring for Generations Campaign to build the new Northumberland Hills Hospital. The gift they made was in loving memory of their parents, William J. and Myrtle M. Troop and Frederick C. and Isabella W. Alexander. To express its appreciation for such a generous leadership gift, the hospital named its intensive care unit the "Troop-Alexander Intensive Care Unit."

Again in 2007 they made a leadership donation to the Care Close to Home Campaign to purchase new and upgraded diagnostic imaging equipment. This donation was made in memory of their beloved nephew, Ross M.

Troop, who died of cancer in 2006 at the age of 53. A patient room in the hospital's chemotherapy clinic was dedicated to him and the walking trail which encircles the hospital bears the name "The Ross Michael Troop Walking Trail."

This past fall, Fred and Isabella made the decision to establish a permanent gift that would continue to annually support the NHH Foundation, and in particular the Intensive Care Unit (ICU). As a result, the Frederick J. and Isabella W. Troop Endowment Fund was established with the intention that the income from the fund would continue to support medical equipment purchases and related staff training for the ICU in perpetuity.

Both Fred and Isabella's connection with the community of Northumberland County go back many years. Fred was born and raised in Colborne with family roots dating back to 1841 when his great-grandfather emigrated from England and settled in Cobourg. Isabella who was born in Hamilton, Ontario, grew up in Lanark County near Perth, Ontario and graduated from Victoria College at the University of Toronto. They first met when she came to Colborne in 1949 as a newly graduated English teacher to teach at the local high school. Isabella taught five enjoyable years at Colborne High School and is fondly remembered as "Miss Alexander" by her former students, many of whom still live in Northumberland County.

Cont'd on page 2...

What's Inside?

Frederick & Isabella Troop Fund Con'td	2
Happy New Year	3
Legacy Leaders	3
Marilyn Peters	4
In Remembrance of Nick O'Nians	4
Carol Knapper	5
Norman & Gladys Neilans.....	6
2012/13 Endowment Summary	7
Contact Information.....	8

...Cont'd from page 1

Following his graduation from Queen's University with a Bachelor of Commerce Degree in 1954, Fred and Isabella were married and took up residence in Toronto. Isabella taught another four years before retiring in 1958 to concentrate on her role as mother of their three children, Ian, Alexander and Christine. However, she never lost her interest in teaching and education and over the years provided strong leadership in Christian Education at her local church and in the development of a very successful ongoing adult education program in Etobicoke.

After obtaining his Chartered Accountant's Designation, Fred joined the financial services industry and had a rewarding career with a major Canadian investment bank. He was also actively involved in a number of community and business organizations. His community service continued post retirement and he served for nine years on the hospital's Finance and Operations Committee and for four years on the Foundation's Board of Directors. His volunteerism was recognized in 2007 with a Town of Cobourg Distinguished Civic Award for Community Service.

While Fred and Isabella raised their family in Etobicoke, they never lost touch with Northumberland County. Frequent trips were made to Colborne to visit their parents and his brother's family, as well as other relatives and friends.

In 1988 they purchased a country home near Harwood on a hill overlooking Rice Lake. This served as a weekend getaway until they moved there in 1995 after Fred's retirement.

For almost two decades, Fred and Isabella have demonstrated unwavering support of Northumberland Hills Hospital and we count them amongst our most loyal and generous supporters. Sadly, Isabella passed away on November 18, 2012. We lost one of the most gracious ladies we have ever had the privilege to work with. She will be greatly missed, but we take comfort in knowing her legacy will continue to support the work she started years ago. Thanks to donors like Fred and Isabella, Northumberland Hills Hospital will continue to provide quality health care to our community. 🙏

What our patients are saying...

This note is to express my most sincere appreciation for the wonderful care that went above and beyond good nursing, the doctors' care, the good meals in the hospital, and the various things offered to us at meal time.

Your hospital must be one of the best in the Province or I should say the best that I have heard of. The fact that I am here after nearly a month in your wonderful hospital makes me feel that you are all very capable in your individual jobs.

Once again, thank you all very much. You were all so helpful.

C. Nichols

The Importance of *B*uilding a Legacy

*H*appy New Year! Will 2013 Be the Year You Build Your Legacy?

It's that time of the year when people reflect on their lives and resolve to make change in the New Year. Maybe it's to lose weight, quit smoking, or to take that trip that they've been dreaming about for years. Well, here's a new one to consider...help to secure the future of Northumberland Hills Hospital through a bequest in your will.


Bequests (A Gift in your Will) – The Cornerstone of Giving

Over the years I have heard so many of our donor's say, "I just wish I could give more," says Rhonda Cunningham, Executive Director of the Foundation. They also believe that making a significant gift to the Northumberland Hills Hospital Foundation is out of their reach. For many people looking at their current financial situation, this is probably true.


A Reason to Celebrate!

You often hear how generous the citizens of west Northumberland are and this next statistic proves it. Did you know that in the past nine years, over \$6 million has been bequeathed to Northumberland Hills Hospital?

This total represents gifts in all different amounts....from \$200 right up to \$1 million. The generosity of these legacy donors is one of the reasons that Northumberland Hills Hospital can boast of its extraordinary facility and advanced medical equipment.

The hospital is indeed honoured to be remembered in one's estate plans (Will) and we work very hard to ensure that the funds entrusted to us, benefit the greatest number of patients possible. 

But what many people don't realize is that by creating a gift today for the future, they can help secure the financial future of Northumberland Hills Hospital Foundation in a significant way WITHOUT affecting their current lifestyle. And the tax savings your estate will receive may in fact increase the amount of money you would be able to leave to your loved ones.


You may be surprised how easy it is to make a provision in your Will, and you'll certainly be impressed by the benefit your legacy gift can have. Often legacy gifts end up being far more substantial than any donation that can be made during one's lifetime, while also providing an excellent way to reduce taxes owed on your estate. 

2012's Legacy Leaders

We are pleased to recognize and celebrate the following individuals who remembered the Northumberland Hills Hospital Foundation in their Will during 2012:

Estate of Heather Irvine
Estate of Dorothy Gingrinch
Estate of Nick O'Nians
Estate of Margaret Peddle
Estate of Allan G. Fenton
Estate of Marilyn Davina Peters
Estate of Clarence Arkles Giddings
Estate of Gary Bryant Delahunt
Estates of William James Kelly
Estate of Gordon Robinson
Estate of Mary Margaret Neilans

For more information on how you can provide for a gift to NHH Foundation in your Will, or to obtain sample wording, please contact:

Rhonda Cunningham, FAHP, Executive Director
Northumberland Hills Hospital Foundation
(905) 377-7767 

"You Should Never Lose Sight of Your Roots"



The NHH Foundation is the grateful recipient of a \$50,000 bequest from the Estate of Marilyn Davina Peters. "We are so pleased and honoured that Marilyn remembered our hospital in her final planning," says Rhonda Cunningham of the NHH Foundation. Marilyn (nee Joyce) grew up in

the Cobourg area before moving to Toronto to embark on a 40-year career in the insurance industry. She ended her career as co-owner and Vice-President of Douglas Higgins Insurance. In retirement, Marilyn and her husband Hans returned to Cobourg to be closer to family. While Marilyn

and Hans didn't have any children of their own, she was involved and supportive in the lives of their many nieces and nephews and their families. Hans passed away in 2000 and Marilyn was subsequently diagnosed with cancer in 2009. "Marilyn told me that she was aware that she benefitted from the generosity of others during her treatments at NHH, and that she in turn would do her part so that others in the future would be able to benefit from her generosity," says Marilyn's sister Betty Smith. Many of Marilyn's family members recall that she quite often would say "you should never forget where you came from." And Marilyn didn't. Upon her death, she remembered many local organizations with her generosity including NHH Foundation. Marilyn, we celebrate and salute the legacy you are helping to provide for west Northumberland patients. 🙏

In Remembrance of Nick O'Nians



Members of the hospital family were deeply saddened last February to learn of the passing of Nicholas (Nick) O'Nians. A member of the Hospital's Board of Directors since 2001, Nick served with integrity, respect and commitment. During

their lifetime, Nick and his wife Barbara, who predeceased him in 2005, were generous donors

to the NHH Foundation and could be counted upon for annual support and, from time to time, major contributions to capital campaigns. So, it was especially touching to learn that Nick remembered the NHH Foundation in his estate planning by designating the Foundation as the beneficiary of proceeds of his life insurance policy. "Nick and Barbara were such a part of this hospital's success story," says Rhonda Cunningham of the NHH Foundation. "They were loyal and generous and genuinely cared about helping others in the community. It's humbling to learn that even at their death, the hospital and its continued success was on their minds." 🙏

Carol Knapper Endowment Fund



We are pleased to announce the creation of the **Carol Knapper Endowment Fund** to support the purchase of medical equipment for Northumberland Hills Hospital.

Many of you will know Carol as an active member of the Cobourg community, having been a canvasser for the

Heart & Stroke Foundation for the past twenty years and an enthusiastic member of St. Peter's Hand Bell choir for the past decade. Membership in the Willow Beach Field Naturalists Club, the Canadian Federation of University Women and the Ontario Cross Country Ski Association are only a few of the other activities that Carol devotes her time to.


After graduating from London Normal School in 1952, Carol taught elementary school for several years. She returned to full-time study at Western University and graduated in 1956 with a Bachelor

of Arts (Honors) degree in Geography. She subsequently became Geography Department Head at East York Collegiate in Toronto.

As a former geography specialist, Carol's interest in earth, sea and sky has taken her to twenty countries worldwide. Especially noteworthy were trips to Turkey (Istanbul, the Bosphorus, and Gallipoli); Russian waterways (Moscow to St. Petersburg); and the Mekong River cruise (from Phnom Penh to Ho Chi Minh City.)

Married to Harry since 1959, Carol is the proud mom to three children and enjoys time spent with her seven grandchildren.

Carol was most pleased to become a donor to the Northumberland Hills Hospital endowment fund. A recent medical condition allowed her first-hand experience as a patient. All staff was exceedingly caring, efficient and supportive. She was impressed by the immediately available modern diagnostic equipment and she is most pleased to add to the legacy of past donors.

Carol, thank you for including the Northumberland Hills Hospital Foundation in your charitable plans. 



New Committee Member

We are pleased to announce that Christopher Jobb has joined the Planned Giving Committee.

After graduating from the University of Western Ontario with a Bachelor of Science degree, Chris spent many years in the pharmaceutical industry, working both in research, and in sales and marketing, with various companies.

In 2008, Chris decided to pursue his passion of financial planning, and began his career as a Financial Advisor with Edward Jones, obtaining his securities, and life insurance licenses.

Chris chose Port Hope for his Edward Jones office, and resides in this beautiful Northumberland County town.

Why NHH Matters to Norman "Al" and Gladys Neilans

By Mary Neilans



My parents, Al and Gladys Neilans, moved to Cobourg in 1969, after my dad was transferred here while working as a civil engineer with the Department of Highways (now the Ministry of Transportation). Having moved around a lot after they married in 1951 (including stays in Huntsville, Owen Sound, Stratford, and Sudbury), they finally settled in Cobourg. Although my older brothers, Art and Bob, were almost ready to graduate high school by the time we got here, I was just starting Grade Four, so Cobourg always felt like home to me.

Dad loved chatting with the neighbours and people he met while running errands, riding his bike around town, visiting the library, and stopping by garage and yard sales and auctions. Although Mom was more active socially in her younger years in Toronto, after she married, she retired from her job as a Bell Telephone operator and focused on being a mom and homemaker. She spent much of her time taking care of the house and cooking for the family, with occasional ventures around Cobourg as a grade school field trip supervisor and member of St. Michael's parish.

After retirement, Mom and Dad travelled together around Canada, mainly on road trips throughout Ontario. As they got older, like most aging adults, health issues started to affect both of them. Trips to the Emergency Room at NHH became more frequent, and both Mom and Dad had a few hospital stays to address different concerns. On each

occasion, I know that they felt well cared for at NHH. They appreciated the care, compassion, professional expertise and dedication of the nurses, doctors, and all of the staff at NHH.

After Dad passed away in 2004, Mom stayed in the family home in the west end of Cobourg for several more years until moving to a retirement home in Port Hope. During this time, she reluctantly took over dealing with the finances and legal affairs. One of these decisions involved updating her will. While discussing her wishes with her lawyer, Mom indicated that she'd like to "thank everyone at the hospital" for all of the care they provided over the years to her and to Dad. After asking if it would "be easy to leave something that would go to good use," Mom had her lawyer draft a straightforward bequest to the Northumberland Hills Hospital Foundation, pleased that she could make this gesture and contribute to the hospital and to others who would benefit from its work.

Within a few years, unfortunately, several mini-strokes resulted in another stay at NHH, where Mom awaited a spot in a long-term care facility near me. During this final stay, which took place over Christmas a few years ago, NHH became Mom's home for several months and our entire family appreciated the care, as well as the patience and flexibility, of all of the staff.

Mom passed away in 2011, at the age of 95. Several months afterwards, I was honoured to present my parents' bequest to the NHH Foundation. I'm very proud of Mom's decision to show her appreciation in a way that continues to help others. Her actions inspired me to make sure my Will recognizes organizations, including NHH, that have had an impact on my family's life. It makes me happy to see my parents' names when I walk into NHH and remember that they're still making a difference even if they can't be doing it in person. 🙏

The Gift That Lasts Forever: *E*ndowment

2012/13 Endowment Summary (for the period of April 1, 2011 to March 31, 2012)

Opening balance April 1, 2011	\$ 2,101,796
New donations	190,546
Investment income	16,548
Administration fee	<u>(4,200)</u>
Balance of fund March 31, 2012	<u>\$ 2,304,690</u>

Named Endowment Funds

Phillips Family Endowment Fund	Dr. Robert & Ann Scott Endowment Fund
Allan & Karen Birney Endowment Fund	Leslie Denman Boyd Endowment Fund
Lynn Hardy Endowment Fund	Isobel Milne Endowment Fund
A.K. & Bob Sculthorpe Endowment Fund	Rosamond Comrie Endowment Fund
Marjory Harris Endowment Fund	Bob MacCoubrey Endowment Fund
David C. & Bea Roffey Endowment Fund	James & Heather Irvine Endowment Fund
Denman Sinclair Endowment Fund	Rolph Family Endowment Fund
Carol Knapper Endowment Fund	Frederick J. and Isabella W. Troop Endowment Fund
General Endowment Fund	

*F*ast Facts on Endowment...

- Named endowment funds are established at a minimum donation of \$25,000
- Endowments are held in perpetuity; only a portion of the investment income earned on the principal is spent
- Endowment funds can be established and named in honour or in memory of a family member or loved one as a permanent tribute
- You can direct your gift to a special area of interest (e.g. diagnostic, emergency care, etc.)

2013/14 Planned Giving Committee

Chair: Richard Irvine
*Irvine & Irvine
Barristers & Solicitors*

Members: Ann Logan
SMM Law

Bruce Coleman
Lawyer

Kerry Lynch, CA
*Lynch Rutherford Tozer,
Chartered Accountants*

Rita Golke
IBM

Christopher Jobb
Financial Advisor
Edward Jones

Rhonda Cunningham
NHH Foundation

Contact:
Northumberland Hills Hospital Foundation

Mailing Address:
Northumberland Hills Hospital Foundation
1000 DePalma Drive
Cobourg, ON
K9A 5W6

Rhonda Cunningham, FAHP
Executive Director
(905) 377-7767
email: rcunningham@nhh.ca

Foundation Fax Number: (905) 373-6936



Privacy Statement

The Northumberland Hills Hospital Foundation respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to protecting privacy. We do not rent, sell, or trade our mailing list. The information you provide will be used to keep you informed and up-to-date on the activities of the Northumberland Hills Hospital Foundation—including programs, services, special events, funding needs, and opportunities to volunteer or to give—through periodic contacts. If at any time you wish to be removed from any of these contacts simply contact us by phone at (905) 377-7767 or via e-mail at rcunningham@nhh.ca and we will be pleased to accommodate your request.

Northumberland Hills Hospital Foundation
1000 DePalma Dr., Cobourg, ON K9A 5W6
Rhonda Cunningham, Executive Director
Direct Dial: (905) 377-7767
Fax Number: (905) 373-6936
Email: rcunningham@nhh.ca
Web Site: www.nhh.ca