



NORTHUMBERLAND HILLS HOSPITAL

NEWS RELEASE – FOR IMMEDIATE RELEASE

Open house aims to promote mental health services available close to home

NORTHUMBERLAND COUNTY, Wednesday, May 30th, 2012 – Northumberland Hills Hospital's Community Mental Health Services is hosting its first ever Open House on Thursday, June 7th at 1011 Elgin Street West, Suite 200 (upper floor) from 10:00 AM to 1:00 PM.

Stop by for a chance to learn first-hand about the many services available close to home, including group counseling and one-on-one support. Meet the team and take home a new brochure with program information and contacts. Come with your own questions, or those of a loved one.

"This is a first, to my knowledge, for the mental health program at NHH," says Scott Pepin, NHH's Director, Community Mental Health Services. "Far too often, mental illness is simply not discussed and, by extension, the supports in place to manage illness and minimize its impact on a healthy life are not well known. Our Open House has a simple aim: to build awareness about our services in the community we serve."

NHH's Community Mental Health Services supports individuals from 16 years of age or older who are experiencing a new or long-standing mental illness. The hospital works collaboratively with community agencies to provide mental health services in Cobourg, Port Hope and Bright as well as Alderville First Nation and the townships of Hamilton, Alnwick/Haldimand and Cramahe. NHH's Assertive Community Treatment Team (ACT) and Housing Support programs serve all of Northumberland County.

Kindly RSVP to Debra Fisher at 905--377-9891 or dfisher2@nhh.ca by Monday, June 4th to let us know if you plan to attend. Members of the media are asked to RSVP to Jennifer Gillard at 905-377-7757 or jgillard@nhh.ca.

About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, Northumberland Hills Hospital (NHH) delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, and obstetrical care. Post-acute specialty services (PASS) include restorative care, rehabilitation and palliative care. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port

Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of the Central East Local Health Integration Network. For more information, please visit www.nhh.ca.

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