



## NEWS RELEASE

**It's a girl! First baby of the new year welcomed at NHH at 4:53 AM, January 1**

**NORTHUMBERLAND COUNTY, Tuesday, January 3<sup>rd</sup>, 2017** – Northumberland Hills Hospital (NHH) welcomed its first baby of the new year at 4:53 AM on Sunday, January 1<sup>st</sup>, 2017. First child for Julia and Kevin Clarkson of Bowmanville, the baby—named Hannah—weighed 6 pounds and 3 ounces (2,810 grams).

“We are thrilled on the arrival of our baby girl, Hannah,” said Julia Clarkson. “It’s a wonderful way to start the New Year!”

The Brahms lullaby was heard in the NHH hallways close to 500 times in the last fiscal year. The lullaby is NHH’s traditional welcome for each baby born in the hospital’s busy Maternal/Child Care Unit. With six birthing suites, a dedicated operating room for caesarean sections and an experienced health care team, NHH provides newborns and their families with the personal and exceptional care expected of a community hospital. More than 500 births are anticipated in the current fiscal year, thanks to a strong and expanding partnership with local family physicians, and a growing number of obstetrician-gynecologists and midwives working at NHH.

Media contact: Jennifer Gillard, Director, Communications and Community Engagement, at 905-377-7757 or [jgillard@nhh.ca](mailto:jgillard@nhh.ca)

**About Northumberland Hills Hospital** – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of the Central East Local Health Integration Network. For more information, please visit [www.nhh.ca](http://www.nhh.ca) or follow us on Twitter [@NorHillsHosp](https://twitter.com/NorHillsHosp).

- END -