



NORTHUMBERLAND HILLS HOSPITAL

NEWS RELEASE

New Rapid Access Addiction Medicine Clinic to open in Northumberland

NORTHUMBERLAND COUNTY, Tuesday, January 26, 2021 – Northumberland Hills Hospital Community Mental Health Services (NHHCMHS) has partnered with Peterborough Regional Health Centre (PRHC) and Fourcast Addiction Services to offer a new Rapid Access Addiction Medicine (RAAM) Clinic in Northumberland.

Open Tuesdays and Thursdays, from 12:30 PM to 2:30 PM, the Clinic, located in the NHHCMHS offices on the 2nd floor at 1011 Elgin Street West, offers expedited, barrier-free treatment for individuals who are addicted to alcohol or opioids. The team at the RAAM Clinic has experience treating people who are struggling with substance use and understands the difficulties that can be associated with seeking help.

Grounded in a philosophy for treatment and care that is client-centred, trauma informed and without judgement, the RAAM Clinic is designed to offer a healing environment to those seeking help with alcohol or opioid addiction. The RAAM team provides a safe space where clients can get help from a physician, nurse and addiction counsellor. Fast access to medication-assisted therapy is available for both alcohol and opioid use disorders, as well as support or referral for individuals not currently connected to addiction recovery services and resources.

“Services like this have proven very successful in other communities,” said Jennifer Cox, NHH’s Integrated Director, Community Mental Health Services. “Our primary goal is to help prevent overdoses. This is the aim. A secondary benefit of the RAAM Clinic is a reduction of emergency department visits and hospital stays for people with addictions. We are very pleased to be able to collaborate with our partners PRHC and Fourcast to offer this addition to NHH’s existing community mental health and addiction services. If you need help with substance use, consider reaching out to the RAAM team. We’re here to help.”

Appointment times are now being scheduled in Northumberland. A similar service will also be offered through the same partnership at Haliburton Highlands Health Services in Haliburton County.

To schedule an appointment at the Northumberland site, please call the NHH Community Mental Health Clinic at 905-377-9891. A doctor or nurse practitioner’s referral is not required. Self-referrals to the RAAM Clinic are welcome. For more information on the full range of outpatient services available through NHHCMHS please see the [Patient Care Services section of the hospital’s website](#).

About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of Ontario Health (East) – formerly the Central East Local Health Integration Network. For more information, please visit www.nhh.ca or follow us on Twitter [@NorHillsHosp](https://twitter.com/NorHillsHosp).

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