

NEWS RELEASE

FOR IMMEDIATE RELEASE:

Northumberland Hills Hospital launches a new Newborn, Perinatal, Reproductive Care Clinic (NPR)

NORTHUMBERLAND COUNTY, Monday, January 19, 2026 – Northumberland Hills Hospital (NHH) announced the launch of a new **Newborn, Perinatal, and Reproductive Care Clinic (NPR)** that will provide in-hospital, non-urgent ambulatory services to support women's wellness and newborn health in the antenatal and postpartum phases of care for patients across Northumberland County.

Located on the 2nd floor, adjacent to the Maternal/Child Inpatient Unit, the clinic offers a coordinated approach to antenatal, postpartum, and newborn care. The program and clinic are launching today, Monday, January 19, 2026.

Key Features

- Booked appointments only (no walk-ins).
- Two exam rooms and a dedicated waiting area on 2A.
- Hours of Operation: weekdays - Monday, Wednesday, and Friday, 7:30 AM – 3:30 PM.

Who We Serve

- Obstetrical patients attached to a delivering care provider at NHH.
- Newborns (birth to 6 weeks), including newborns recently discharged from NHH.
- Postpartum follow-up for wound assessment and hypertension.
- Expectant patients requiring RhoGAM, Non-Stress Test (NST), bloodwork, or blood pressure monitoring.
- Early pregnancy complications follow-up.
- Education and navigation to community and specialty resources.

Referrals

All patients require a booked appointment with an NHH provider.

Please note: For patients without OHIP, some services may not be covered and could involve a fee.

The Maternal/Child Care team at NHH supported more than 500 births at the hospital in the last fiscal year, thanks to a strong partnership with local obstetrician-gynecologists, family physicians, anesthesiologists, and area midwives.

Are you expecting a baby in 2026? Learn more about NHH's services, including a listing of area obstetrical care providers, at: nhh.ca (Click on 'Maternal Childcare' services under the 'Patient Services' tab).

About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, cancer and supportive care, dialysis and other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists.

NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 63,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope, Alderville First Nation and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs more than 700 people and relies on the additional support provided by physicians, midwives and volunteers. NHH is an active member of Ontario Health (East)—formerly the Central East Local Health Integration Network—and the Ontario Health Team of Northumberland. For more information, please visit nhh.ca or follow us on Facebook [@northumberlandhillshosp](https://www.facebook.com/northumberlandhillshosp) or Twitter [@NorHillsHosp](https://twitter.com/NorHillsHosp).

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