



NEWS RELEASE – FOR IMMEDIATE RELEASE

It's a girl! First NHH baby of the new year welcomed on Sunday, January 2nd, 2022

NORTHUMBERLAND COUNTY, Monday, January 3rd, 2022 – Northumberland Hills Hospital (NHH) welcomed its first baby of the new year on Sunday, January 2nd at 5:01PM! A first child for Julia Doorenspleet and Michael Bamsey of Newtonville, baby **Renna Lisa Bamsey** weighed 7 pounds, 1.8 ounces (3,230 grams) at birth.

The happy family extends special thanks to midwives Taryn Woolsey and Julia Merkler of New Life Midwives, and the entire nursing team in the Maternal/Child Care Unit at NHH.

As is tradition at NHH, Renna will go home with a gift from the family of the first baby born last year – a lovely gift basket prepared and delivered in December.

The Maternal/Child Care team at NHH welcomed approximately 600 births at the hospital in the last fiscal year, thanks to a strong partnership with local obstetrician-gynecologists, family physicians, anesthesiologists, and local midwifery groups.

Designed with the unique needs of newborns, their mothers and family members in mind, NHH's Maternal Child Care unit is equipped with six labour and delivery beds, each in their own private suite, a Caesarean-section operating room, advanced fetal and patient monitoring and a comfortable family lounge.

Expecting a baby of your own in 2022? Find details on NHH's services, including a listing of area obstetrical care providers, on our website at:

<https://nhh.ca/Patients/PatientCareServices/AcuteCare/MaternalChildCare>

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About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 700 people and relies on the additional support provided by physicians, midwives and

volunteers. NHH is an active member of Ontario Health (East) – formerly the Central East Local Health Integration Network. For more information, please visit www.nhh.ca or follow us on Facebook [@northumberlandhillshosp](https://www.facebook.com/northumberlandhillshosp) or Twitter [@NorHillsHosp](https://twitter.com/NorHillsHosp).

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