

**NEWS RELEASE** 

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## It's a girl! First NHH baby of the new year welcomed by Vanessa and Jake Morris of Bowmanville on Monday, January 1<sup>st</sup>

**NORTHUMBERLAND COUNTY, Monday, January 1, 2024** – Northumberland Hills Hospital (NHH) has welcomed its first baby of the new year! Born to **Vanessa and Jake Morris** of Bowmanville, Ontario, the baby girl—named **Georgia Elizabeth** weighed 8 pounds and 11 ounces (3,940 grams) at birth. Georgia is named after her maternal great grandfather, George, who she met earlier in the morning after her arrival. She is the first child for Vanessa and Jake.

"Georgia Elizabeth Morris is named after my grandfather, George," said Vanessa. "She's so calm and relaxed. We're very much in love with her, it's just wonderful."

"We're very excited! There's lots to learn as first-time parents, and we're already learning a lot in such a short period of time. It's amazing how quickly your life can change and we're just so happy," said Jake.

As per hospital tradition, Georgia will also be the first New Year baby to go home from NHH with a gift basket prepared and donated by the staff and volunteers of the hospital. Maternal/Child Care nurses took the initiative to hand pick items they felt new parents would appreciate and enjoy. With support from NHH, the NHH Foundation and the NHH Auxiliary, a personalized gift basket was presented to Vanessa, Jake, and baby Georgia earlier today.

"This is so wonderful, thank you so much. We are grateful for the kindness shown to Georgia and our family during this special time in our lives," said Vanessa.

The Maternal/Child Care team at NHH welcomed 537 births at the hospital in the last fiscal year, thanks to a strong partnership with local obstetrician-gynecologists, family physicians, anesthesiologists, and area midwifery groups.

Designed with the unique needs of newborns, their mothers and family members in mind, NHH's Maternal/Child Care unit is equipped with six labour and delivery beds, each in their own private suite, a Caesarean-section operating room, advanced fetal and patient monitoring and a comfortable family lounge.

Expecting a baby of your own in 2024? Find details on NHH's services, including a listing of area obstetrical care providers, on our website at: <u>https://nhh.ca/Patients/PatientCareServices/AcuteCare/MaternalChildCare</u>

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About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, cancer and supportive care, dialysis and other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 63,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope, Alderville First Nation and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs more than 700 people and relies on the additional support provided by physicians, midwives and volunteers. NHH is an active member of Ontario Health (East)—formerly the Central East Local Health Integration Network—and the Ontario Health Team of Northumberland. For more information, please visit nhh.ca or follow us on Facebook @northumberlandhillshosp or Twitter @NorHillsHosp.

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