

NEWS RELEASE

It's a girl! First NHH baby of the new year welcomed by Angela and Bruno Gelao of Port Hope on Sunday, January 1st

NORTHUMBERLAND COUNTY, Sunday, January 1, 2023 – Northumberland Hills Hospital (NHH) has welcomed its first baby of the new year! Born to **Angela and Bruno Gelao** of Port Hope, Ontario, the baby girl—named **Hazel Mae**—weighed 6 pounds and 11.2 ounces (3,035 grams) at birth. Hazel, who carries her maternal grandmother's name as her middle name, is warmly welcomed by older sister Nevaeh and older brother Luca and an extended family eager to meet her.

"The gratitude we have for the NHH team is nothing we can put into words," said Bruno. "It has been a wonderful birth experience," added Angela.

A Registered Nurse (RN) by training, Angela is very familiar with NHH. She actually completed her nurse training through Trent University at the hospital several years ago and, following graduation, worked for a time on NHH's Medical/Surgical unit, adjacent to the Birthing Suite where Hazel was born.

"The preceptor who helped train me as a student, Registered Nurse Lisa Jibb, was actually the RN assigned to my care," said Angela. "I was so happy to have Lisa by my side for the delivery," said Angela. "She put me right at ease! It was just amazing to me that it worked out this way. Everyone on the team, from Dr. Erin Pepper, our General Practitioner, who followed me through the pregnancy, to Obstetrician-Gynecologist Dr. Abu Awad, who delivered her, has just been amazing. As Bruno said, we are very grateful to everyone on the team. It has been an excellent experience delivering at NHH and extra special to learn that our Hazel is the first baby of the new year."

Hazel will also be the first New Year baby to go home from NHH with a gift basket prepared and donated by the staff and volunteers of the hospital. Maternal/Child Care nurses took the initiative this year to hand pick items they felt new parents would appreciate and, with support from NHH, the NHH Foundation and the NHH Auxiliary, a personalized gift basket was assembled and presented to the Angela, Bruno and baby Hazel earlier today.

"We thought the baby was the gift! This is so lovely, and so very much appreciated," said Angela. "Thank you very much to all involved. We truly appreciate the kindness and the care we've received." The Maternal/Child Care team at NHH welcomed 587 births at the hospital in the last fiscal year, thanks to a strong partnership with local obstetrician-gynecologists, family physicians, anesthesiologists, and area midwifery groups.

Designed with the unique needs of newborns, their mothers and family members in mind, NHH's Maternal/Child Care unit is equipped with six labour and delivery beds, each in their own private suite, a Caesarean-section operating room, advanced fetal and patient monitoring and a comfortable family lounge.

Expecting a baby of your own in 2023? Find details on NHH's services, including a listing of area obstetrical care providers, on our website at: https://nhh.ca/Patients/PatientCareServices/AcuteCare/MaternalChildCare

About Northumberland Hills Hospital - Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, cancer and supportive care, dialysis and other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 63,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope, Alderville First Nation and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs more than 700 people and relies on the additional support provided by physicians, midwives and volunteers. NHH is an active member of Ontario Health (East)—formerly the Central East Local Health Integration Network—and the Ontario Health Team of Northumberland. For more information, please visit nhh.ca or follow us on Facebook @northumberlandhillshosp or Twitter @NorHillsHosp.

Media contact: Jennifer Gillard, Senior Director, Patient Experience, Public Affairs and Strategic Partnerships, at 905-377-7757 or jgillard@nhh.ca

– END –