NORTHUMBERLAND HILLS HOSPITAL

NEWS RELEASE

It's a girl! First NHH baby of the new decade welcomed by first-time parents Brenda and Hudson Scott of Cobourg on January 1st

NORTHUMBERLAND COUNTY, Thursday, January 2nd, 2020 – Northumberland Hills Hospital (NHH) welcomed its first baby of the new year and new decade at 7:27 PM on Wednesday, January 1st, 2020. The daughter of Brenda and Hudson Scott of Cobourg, Ontario, the baby girl—named Naomi—weighed 6 pounds and 13.8 ounces (3,110 grams) at birth, and measured 20.5 inches (52 centimetres).

"We really appreciated the entire team," said proud new mother Brenda Scott. "We've had a very positive experience here at NHH."

The couple was not expecting to become parents for a few more weeks. "Our due date was actually January 19th, but here we are," joked father Hudson Scott, "It's a pretty good way to start the new decade!"

"We want to say thanks to everyone who supported us through the delivery," said Brenda. "Naomi is our first child, and as first-time parents we really didn't know what to expect. All the nurses, Dr. Michael Green, the Obstetrician-Gynecologist who delivered her, and everyone has just been wonderful. It's been a great experience, from birth to our first night and today."

The Maternal Child Care team at NHH welcomed 583 births at the hospital in the past fiscal year, up from 551 the year prior, thanks to a strong partnership with local obstetrician-gynecologists, family physicians, anesthesiologists, and several local midwifery groups.

Designed with the unique needs of newborns, their mothers and family members in mind, NHH's Maternal Child Care unit is equipped with six labour and delivery beds, each in their own private and home-like suite, a Caesarean-section operating room, advanced fetal and patient monitoring and a comfortable family lounge.

Expecting a baby of your own in 2020? NHH partners with the Haliburton, Kawartha, Pine Ridge District Health Unit to co-host popular evening information sessions at the hospital on the first and third Tuesday of each month to help soon-to-be parents get ready for their baby's arrival. Call 905-372-6811, ext. 4122 for more information and to sign up. Further details, including a "Getting Ready For Baby" online resource, will be found on the NHH website at: https://nhh.ca/Patients/PatientCareServices/AcuteCare/MaternalChildCare

About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed

tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of Ontario Health (East) – formerly the Central East Local Health Integration Network. For more information, please visit www.nhh.ca or follow us on Twitter @NorHillsHosp.

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