



# NORTHUMBERLAND HILLS HOSPITAL

## NEWS RELEASE

**It's a boy! First baby of the new year welcomed at NHH at 02:56 AM, January 1<sup>st</sup>**

**NORTHUMBERLAND COUNTY, Tuesday, January 1<sup>st</sup>, 2019** – Northumberland Hills Hospital (NHH) welcomed its first baby of the new year just a few hours after midnight at 02:56 AM on Tuesday, January 1<sup>st</sup>, 2019. The son of Lindsey Drake-Shalapata (mom) and Alex Shalapata (dad) of Oshawa, Ontario, the baby boy—named Robin Lyle—weighed 7 pounds and 3 ounces (3,260 grams) at birth, and measured 19.5 inches (49.5 centimetres).

Welcomed by his big brothers Ty and Aaron, Robin is the second child born to the Shalapata couple at NHH.

“We’re from Oshawa, but we really enjoyed the experience at NHH several years ago during our second son’s birth,” said the couple. “Together with our midwife—Kory McGrath, of New Life Midwives—we really like the birthing experience offered at NHH. We were impressed by how the team worked together so well, and clearly respected each other. We saw that again with Robin’s birth. The nurses, our midwife, the doctor and the anesthesiologist, everyone involved was just amazing and we’re very grateful,” Lindsey said, acknowledging that the added bonus was Robin’s surprise timing, two weeks before his expected due date, as the hospital’s New Year baby.

**About Northumberland Hills Hospital Maternal/Child Care Unit** - With six birthing suites, a dedicated operating room for caesarean sections and an experienced health care team, NHH takes pride in providing newborns and their families with the personal and exceptional care expected of a community hospital. More than 550 births are anticipated at the hospital in the current fiscal year, thanks to a strong partnership with local family physicians, obstetrician-gynecologists and midwives. Expecting a baby? NHH and the Haliburton, Kawartha, Pine Ridge District Health Unit co-host evening information sessions at the hospital on the first and third Tuesday of each month to help new parents get ready for their baby’s arrival. Pre-registration is required. Please call 905-372-6811, ext. 4122 for more information and to sign up.

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**About Northumberland Hills Hospital** – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, chemotherapy, dialysis and 16 other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a

full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs approximately 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of the Central East Local Health Integration Network. For more information, please visit [www.nhh.ca](http://www.nhh.ca) or follow us on Twitter [@NorHillsHosp](https://twitter.com/NorHillsHosp).

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