

FOR IMMEDIATE RELEASE:

**Interested in supporting your local hospital? Consider volunteering
with the NHH Board as a Community Member**

***Meet current volunteers and learn more at the next Virtual Board Volunteer
Open House on Tuesday, March 10 at 7PM***

NORTHUMBERLAND COUNTY, Tuesday, February 10, 2026—The Northumberland Hills Hospital (NHH) Board of Directors is encouraging expressions of interest from local individuals who would like to volunteer on the Board as Community Members.

If you're interested in local health care delivery, and hospital services in particular, this rewarding volunteer opportunity may be right for you.

There will be an opportunity to meet current volunteers and learn more at the Board's next Virtual Board Volunteer Open House on **Tuesday, March 10 at 7:00 PM** via Zoom.

About the Northumberland Hills Hospital Board

The Board of Directors is composed of volunteers drawn from across west Northumberland County (the area served by NHH). Each volunteer brings a unique mix of professional skills and personal work/life experiences which, together, help enable the Board to meet the governance responsibilities expected of public hospitals in the Province of Ontario. These responsibilities include:

- providing strategic direction to the Hospital's management team;
- selecting the Chief Executive Officer and Chief of Staff and evaluating performance;
- providing oversight to the physician credentialing process; and
- monitoring the operational and financial performance of the hospital.

About the unique Community Member role

As a key part of its commitment to providing meaningful opportunities for public input into the NHH Board's decision-making processes, and as a method of succession planning for the Board, the NHH Board of Directors regularly recruits Community Members to serve on the following Board Committees:

- Quality and Safety, Governance, and;
- Facilities and Campus Development

In addition, Community Members attend and participate in full Board discussions.

Expected time commitment

Community Members currently serve up to five one-year terms. While individual time commitment may vary from year to year and committee to committee, the general expectation for Community Member participation is one Committee meeting and one full Board meeting (for a total of approximately two hours, monthly), from September through June. Board business is conducted with a mix of virtual and in-person meetings which generally fall in the early morning and early evening.

What comes after Community Member service?

Community Members may be appointed to the Board as a Director when a vacancy occurs. The skills, interests and lived experience of each Member are matched with the Board needs at the time and—as documented in Board Bylaws—with an aim to ensure representation from across the west Northumberland region that NHH serves.

Wondering if a Community Member role is right for you?

The NHH Board is committed to the NHH core values of integrity, quality, respect, compassion, and teamwork. Diverse teams lead to better decision-making and the Board is looking forward to continuing to welcome new Community Members who share these values, reflect the growing diversity of the community we serve and who have a commitment to the hospital's shared purpose of: "People First."

"We're looking forward to hosting our annual Virtual Board Volunteer Open House and highlighting directly the many rewarding volunteer opportunities available with NHH's hospital Board," said Cyndi Gilmer, NHH Board Chair. "We understand that residents of Northumberland have many options when it comes to volunteerism. The purpose of our Virtual Forum and, new this year, a forthcoming social media campaign that will highlight some of the volunteers who serve on our Board Committees today, is to bring attention to the unique and rewarding Board opportunities that are available at NHH."

Over the past four years, NHH has attracted interest from many talented and dedicated residents through these virtual open house opportunities.

If you or someone you may know is passionate about making a meaningful difference in the quality and service of health care in west Northumberland County, the NHH Board would like to hear from you.

Background reading available now

Prior to the open house, attendees are encouraged to review the **Expression of Interest** form and related **Frequently Asked Questions** document, both of which can be found [here](#) in the Board section of the hospital's website at nhh.ca.

“The Board’s next intake of Community Members is planned for mid-June 2026, in time for the introduction of new Members at the Board’s Annual Meeting on June 24,” adds Cyndi Gilmer. “Expressions of interest from Community Members are welcomed at any time of the year.”

Virtual Board Volunteer Open House login details – Tuesday, March 10, 7PM

The Zoom link and login details are provided below and at nhh.ca. All welcome!

Join Zoom Meeting

<https://us02web.zoom.us/j/82895441705?pwd=sqqTdwAUcz2QbeqOghCsdiUiHPTvei.1>

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About Northumberland Hills Hospital – Located approximately 100 kilometres east of Toronto, NHH delivers a broad range of acute, post-acute, outpatient and diagnostic services. Acute services include emergency and intensive care, medical/surgical care, obstetrical care and palliative care. Post-acute specialty services (PASS) include restorative care and rehabilitation. Mental health care, cancer and supportive care, dialysis and other ambulatory care clinics are offered on an outpatient basis through partnerships with regional centres and nearby specialists. NHH offers a full range of diagnostic services, including magnetic resonance imaging (MRI), computed tomography (CT) and mammography. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 67,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope, Alderville First Nation and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs more than 850 people and relies on the additional support provided by physicians, midwives and volunteers. NHH is an active member of Ontario Health (East)—formerly the Central East Local Health Integration Network—and the Ontario Health Team of Northumberland. For more information, please visit nhh.ca or follow us on Facebook [@northumberlandhillshosp](https://www.facebook.com/northumberlandhillshosp) and LinkedIn [Northumberland Hills Hospital](https://www.linkedin.com/company/northumberland-hills-hospital).