



## NEWS RELEASE – FOR IMMEDIATE RELEASE

### **PACE Speaker Series returns with ‘Palliative Care and End-of-Life Care—Not Why, but When’ on Thursday, November 28 at 5:30 PM**

**NORTHUMBERLAND COUNTY, Wednesday, November 20, 2024—**Join the Northumberland PACE Speakers Series team for their next virtual conversation, **‘Palliative Care and End-of-Life Care—Not Why, but When’ on Thursday, November 28 at 5:30 PM** featuring guest speakers, Dr. Francesco Mulé, Head of Service for Northumberland Hills Hospital (NHH)’s Division of Palliative and Supportive Care and Carolyn Wilson, NHH Clinical Nurse Specialist, Palliative Care. Taryn Rennicks, Executive Director of the Community Health Centres of Northumberland, will serve as the guest moderator.

Respected for his experience helping local patients and families navigate end-of-life care, pain and symptom management, Dr. Mulé works closely with patients, families, staff, and medical colleagues to further grow an interdisciplinary approach to the delivery of the palliative and end-of-life care in NHH’s Palliative Care Unit and, beyond that unit, throughout the hospital and the local community.

Carolyn Wilson recently joined NHH as a Clinical Nurse Specialist supporting the hospital's Palliative Care Unit and inpatient services. In her role, Carolyn works collaboratively with palliative care physicians on the unit, acting as a resource for her colleagues, palliative patients, and their families.

During their virtual discussion, Dr. Mulé and Carolyn will explore the many unique aspects associated with palliative and end-of-life care, including available services and resources offered at NHH and west Northumberland.

As is standard within the PACE Talk format, questions from the audience are welcomed. For the November 2024 talk, these questions may be pre-submitted by emailing [trennicks@chcnorthumberland.ca](mailto:trennicks@chcnorthumberland.ca) prior to **November 28, 2024**, or time permitting, posed live during the event itself.

Since 2018, the Northumberland PACE partners have been hosting free public education sessions on a broad range of health and wellness topics and have consistently drawn large groups of community members with a variety of questions and perspectives.

Lasting an hour in length, each PACE talk consists of a 30-minute talk, a 20-minute question-and-answer period with the guest speaker(s) and a short moderator summary.

Bring your questions, your suggestions, and your experience and join in what is expected to be another informative discussion on a topic chosen by previous PACE attendees!

**Pre-registration is required**, and space is limited to the first 300 registered attendees. This event is hosted through Zoom, and attendees are asked to login to the event 5 minutes prior to the start. Register for *“Palliative Care and End-of-Life Care—Not Why, but When”* today at [www.pacetalks.com](http://www.pacetalks.com), where you'll also find recordings from many of the previous seasons' talks.

**Contact:** Amy Seymour, Communications Officer, Public Affairs, Northumberland Hills Hospital, [aseymour@nhh.ca](mailto:aseymour@nhh.ca) or 905-372-6811 ext. 4009.

**About Northumberland PACE** – A collaborative between community health-care providers and local residents interested in learning more and promoting health and wellness, PACE (which stands for Personalized Assessment and Change Education) is a TED Talks-inspired speakers' series typically hosted (on a rotating basis) at Northumberland Hills Hospital in Cobourg and the Community Health Centres of Northumberland in Port Hope. Due to the physical distancing requirements of the COVID-19 pandemic, the event has moved to a virtual format, using Zoom. Northumberland Hills Hospital, the Northumberland Family Health Team, The Community Health Centres of Northumberland, internal medicine specialists IMCare, the NHH Foundation, Community Care Northumberland, the Ontario Health Team Northumberland (OHT-N) as well as local patients and caregivers are all represented on the PACE planning table. Talks are held monthly at 5:30 PM, typically on the third Thursday of the month. One hour in total, each talk consists of a 30-minute presentation followed by a 20-minute, interactive question and answer speaker/audience discussion and a short moderator summary to conclude. "Seats" are available free of charge, on a

first-come, first reserved basis. Pre-registration is required. For information, please visit [www.pacetalks.com](http://www.pacetalks.com).

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