



COMMUNITY HEALTH CENTRES
OF NORTHUMBERLAND

Northumberland

Family Health Team



NEWS RELEASE – FOR IMMEDIATE RELEASE

Registration now open for the first virtual conversation of 2024 in the Northumberland PACE Speakers Series, 'Why eliminating homelessness should matter to everyone'

NORTHUMBERLAND COUNTY, Wednesday, January 17, 2024—The Northumberland PACE Speakers Series will host its first virtual conversation of the new year, **'Why eliminating homelessness should matter to everyone'** on **Thursday, January 25** with guest speakers Jacklyn Pearce, Occupational Therapist and Dr. Daniel Pepe, Family Physician, both from London Health Sciences Centre (LHSC) in London, Ontario.

Jacklyn Pearce is the Executive Director for the Office of Health System Transformation with London Health Sciences Centre in London, Ontario.

Growing up in Northern Ontario, Jacklyn learned first-hand the importance and value of community to an individual's resiliency and spirit. Jacklyn applies her talents as an Occupational Therapist to help build everyone's capacity to solve complex problems by

helping them to walk the path to solutions one step at a time. She is passionate about building inclusive communities, where every person has a place, purpose, and voice.

Dr. Daniel Pepe is a Family Physician and physician lead for the Office of Health System Transformation at London Health Sciences Centre, in addition to running a busy family practice in London, Ontario with his wife and team. Dr. Pepe sees the art of the possible in the toughest of challenges and believes that if you do the right thing for each person you see, then success naturally follows.

Jacklyn and Dr. Pepe's virtual discussion will explore important questions about homelessness, including **“Why the path to becoming homeless is a winding road, filled with many dead ends”** and **“What the impacts of homelessness are for you and your community.”** They will also share their insights into how communities can start building bridges to end homelessness and create a blueprint for shifting hearts and minds.

As is standard within the PACE Talk format, questions from the audience will also be addressed. These questions may be pre-submitted by emailing mbhargava@imcare.ca prior to **January 25, 2024**, or time permitting, posed live during the event itself.

Since 2018, The Northumberland PACE partners have been hosting free public education sessions on a broad range of health and wellness topics and have consistently drawn large groups of community members with a variety of questions and perspectives.

Lasting an hour in length, each PACE talk consists of a 30-minute talk, a 20-minute question-and-answer period with the guest speaker(s) and a short moderator summary.

Bring your questions, your suggestions, and your experience and join in what is expected to be another informative discussion on a topic chosen by previous PACE attendees!

Pre-registration is required, and space is limited to the first 300 registered attendees. This event is hosted through Zoom, and attendees are asked to login to the event 5 minutes prior to the start. Register for *‘Why eliminating homelessness should matter to everyone’* today at www.pacetalks.com, where you'll also find recordings from many of the previous seasons' talks prepared by student partners from Loyalist College.

Contact: Amy Seymour, Communications Officer, Public Affairs, aseymour@nhh.ca or 905-372-6811 ext. 4009.

About Northumberland PACE – A collaborative between community health-care providers and local residents interested in learning more and promoting health and wellness, PACE (which stands for Personalized Assessment and Change Education) is a TED Talks-inspired speakers' series typically hosted (on a rotating basis) at Northumberland Hills Hospital in Cobourg and the Community Health Centres of Northumberland in Port Hope. Due to the physical distancing requirements of the COVID-19 pandemic, the event has moved to a virtual format, using Zoom. Northumberland Hills Hospital, the Northumberland Family Health Team, The Community Health Centres of Northumberland, internal medicine specialists IMCare, the NHH Foundation, the Ontario Health Team Northumberland (OHT-N) as well as local

patients and caregivers are all represented on the 2022-23 PACE planning table, as is the Interactive Media Development – Film and Television Production program at Loyalist College, which has partnered with the team to support audio and visual recording and distribution. Talks are held monthly at 5:30 PM, typically on the third Thursday of the month. One hour in total, each talk consists of a 30-minute presentation followed by a 20-minute, interactive question and answer speaker/audience discussion and a short moderator summary to conclude. "Seats" are available free of charge, on a first-come, first reserved basis. Pre-registration is required. For information, please visit www.pacetalks.com.

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