

## Local teacher Marjolaine Trottier to share her story at BEYOND BREAST CANCER - Community Information Event Wednesday, October 25<sup>th</sup>

October is Breast Cancer Awareness Month and NHH is hosting a free community information event.

Members of the hospital health care team will come together with local and provincial health and social care experts and a local breast cancer survivor for an evening of informative presentations, interactive discussion and information displays.

**WHEN: Wednesday, October 25<sup>th</sup>, 6:30 PM to 8:30 PM – Presentation at 7 PM**

**WHERE: NHH Education Centre, 1000 DePalma Drive, 2<sup>nd</sup> floor**

### ABOUT THE SPEAKERS:

Guest speakers **Dr. Ralph George** and **Marjolaine Trottier** will discuss the medical facts of breast cancer (detection, treatment, risk, new research) as well as the personal implications, reviewing what it is like to live with a breast cancer diagnosis, unique challenges of 'survivorship,' treatment complexities, the key role of personal and professional supports and more.

**Ralph George**, MD, FRCS, is an Associate Professor of General Surgery at the University of Toronto and Medical Director of the CIBC Breast Centre at St. Michael's Hospital. He completed an Endoscopy and a Surgical Oncology Fellowship at the Roswell Park Cancer Institute. Dr. George sits on the Board of Directors of St. Michael's Hospital and is the President of the Medical Staff Association. He is the Director of Continuing Professional Education for the Department of Surgery, University of Toronto. He is the Chair of the Royal College Specialty Committee for Surgical Oncology, and an executive board member of the Canadian Breast Cancer Foundation. He is past President of the Canadian Association of General Surgeons.

Born and raised in Québec, **Marjolaine Trottier** moved to Ontario in 1999. Now a resident of Northumberland, she is a French Immersion teacher at St. Mary Secondary School in Cobourg and, with her husband, parent to a young son and daughter. Diagnosed with breast cancer in 2016, Marjolaine's treatment—involving surgery, chemotherapy and radiation—is now complete. Describing herself as "still recovering mentally and physically," Marjolaine is getting stronger every day and looking forward to sharing her personal story 'beyond breast cancer.'

Information displays highlighting the many local and regional services, staff and technology available to support breast cancer diagnosis, treatment and recovery will be another key feature of this event. In addition to NHH physicians and staff, a broad range of community partners and organizations will also be on hand to share their information! Attendees are encouraged to spend time before and after the formal presentations to visit the many information tables now confirmed, including the following:

- NHH Diagnostic Imaging Services
- NHH Surgical Services (including social work and patient care navigator)
- NHH Cancer and Supportive Care Clinic
- NHH Foundation
- Kathy MacLeod Beaver (Central East LHIN Aboriginal Health Navigator)
- Central East Regional Cancer Program
- Canadian Cancer Society
- Haliburton, Kawartha Pine Ridge District Health Unit
- Port Hope Northumberland Community Health Centre
- Northumberland Family Health Team
- My Left Breast (Peterborough)
- Survivor Thrivers Cobourg
- Hearth Place Cancer Support Centre (Oshawa)



Free parking passes will be provided to all attendees. Please note: This is expected to be a very well attended event. Seating is limited so attendees are encouraged to plan to arrive early!

## Read Sara Coulson's story beyond breast cancer under our Featured Article this month on [nhh.ca](http://nhh.ca)!



May 1999. Sara Coulson, working mother of a six- and four-year-old, was diagnosed with breast cancer in Cobourg. A lumpectomy was performed at what was then the Northumberland Health Care Centre. Chemotherapy and radiation followed for six months, an hour and a half away, at Kingston General Hospital. Sara recovered, and her children grew up.

Flash forward 18 years to February 2016. The cancer returned to the same breast. This past September, Sara completed her last round of chemotherapy at NHH, and her friends and family celebrated in front of the hospital. Sara put her surgery behind her in October.

Read Sara's full story in our **Featured Article** this month in our Media Centre at [nhh.ca](http://nhh.ca).