



NORTHUMBERLAND HILLS  
HOSPITAL

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**in touch**  
WITH YOUR COMMUNITY HOSPITAL

**NHH Board of Directors  
Next Meeting**  
Thursday, October 7th, 5:00 PM  
Board Room, NHH

## LOCAL STUDENTS WITH CAREER GOALS SET ON MEDICINE AND NURSING EARN NHH SCHOLARSHIPS

The NHH Board of Directors opened its August meeting with the presentation of the Hospital's annual Health Professions Scholarships. Recipients **Erin Fernhout** and **Victoria Sawatsky** were each awarded a cheque of \$1,000 in recognition of their outstanding achievements and interest in turning those talents to a career in a health-related field.

Erin Fernhout graduated from Cobourg District Collegiate Institute West in 2009 with her graduating class's highest overall marks in university biology, university chemistry and university exercise science. She is now in her second year at McMaster University, in the Bachelor of Health Sciences (Honours) program.

Erin established herself as an active Cobourg volunteer prior to being accepted at McMaster, amassing hundreds of hours as a student volunteer both at the Hospital (with the NHH Auxiliary and the NHH Foundation) and beyond, including Rotary's Interact High School Club, CDCI West's Annual Community Christmas Dinner and the Waumer Walk for ALS. Among the local awards Erin has received in recent years for her volunteer efforts are the Lieutenant Governor General's Award for Community Service, the Town of Cobourg Distinguished Civic Award for Community Service and the Dixie Mikel Award.

Already looking ahead to graduate school, Erin intends to attend medical school to become a pediatrician. She hopes to one day return to work in the west Northumberland area.

Victoria Sawatsky graduated from Cobourg District Collegiate Institute West in 2008. "I was introduced to the Hospital and all of the medical services through the medical technology course that I took while attending the CDCI West," she notes. "From that experience, I was convinced to pursue a career in the medical profession."

Also a student at McMaster University in Hamilton, Victoria is now in

her third year of study toward a Bachelor of Science in Nursing. After obtaining her degree, she hopes to work at a community hospital—possibly NHH—travel to countries in need of medical support and pursue the Nurse Practitioner's program.

Victoria is also a past recipient of the Clay Elliott Scholarship (2008) and the Lou Rinaldi Citizenship Award (2008). Both awards recognize the same community service, positive attitude and involvement she has carried with her into her university life.

Congratulations to both on their many accomplishments, and best wishes for the many opportunities ahead!



Erin Fernhout (left) and Victoria Sawatsky with NHH Board Chair John Hudson following the announcement of their scholarships in August.

## NEW KIDNEY DISEASE PLAN TO IMPROVE LOCAL ACCESS TO SPECIALIZED SERVICE

*Message from Robert Biron, President and CEO*

One of the Strategic Directions in Northumberland Hills Hospital's new 2010-2014 Strategic Plan is to strengthen NHH's collaborative networks and—with regional partners—improve local access to specialized services.

An important step forward along this path was made earlier this month, when three hospitals—Peterborough Regional Health Centre, Ross Memorial Hospital and Northumberland Hills Hospital—jointly released a new kidney disease plan.

The plan is referred to as the 2010-2013 Peterborough Regional Renal Program Strategy, and it identifies three key commitments to improve this service for our respective communities:

- **Home Dialysis** – increase opportunities for home dialysis;
- **High Quality, Consistent Care** – high quality, consistent care through continued tracking of performance; and
- **Right Staff, Right Information** – service delivery supported with the appropriate health human resources and effective information technology systems

This new plan ensures NHH's efforts are aligned with the objectives of the Central East Local Health Integration Network's Renal Network and the Ontario Renal Network, and it builds on existing strengths to further improve local dialysis services in the years ahead.

For more details, please see the related news release on our website, [www.nhh.ca](http://www.nhh.ca).

### Upcoming NHH Foundation Events

**10th Annual Fundraising Gala:  
All that Glitters ...Looks Like a Million**  
Saturday, November 13, 2010  
[www.nhhgala.ca](http://www.nhhgala.ca) or 905-372-6811, ext. 3065.

### Upcoming NHH Auxiliary Events

**A Night of Bling - TONIGHT**  
Petticoat Lane, Munroe Street, Cobourg  
Thursday, September 30th, 7:00 – 9:00 PM. Fabulous jewelry, a 50% discount off all clothing in the store, and a chance to win a Ken Bell jewelry original! For details, please call Petticoat Lane at 905-372-9002.

**Poinsettia Tea**  
Grand Ballroom, Best Western Inn, Cobourg  
Sunday, November 28th, 2:30 to 4:30 PM.  
Tickets, \$30/each, will be available after Thanksgiving at The Little Treasure Shop at NHH.



The NHH Surgical Stokers braved high winds to compete in the annual Challenge the Dragon boat race for the Northumberland United Way in the Cobourg harbour September 25th. The Stokers earned the prize for this year's Best Dressed Team and, with donations from hospital staff, friends and family, raised \$2545 for the United Way—the second-highest fund-raising total overall!