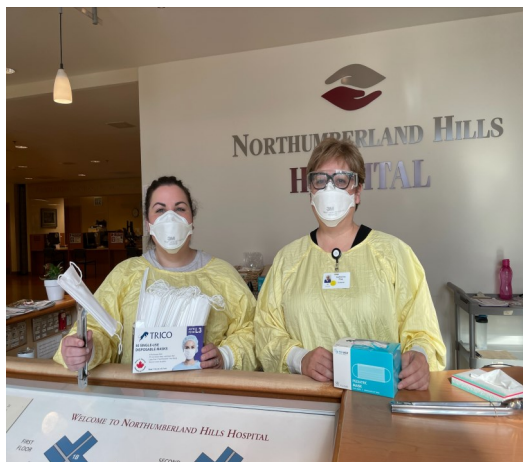




Universal masking continues!



While requirements may have relaxed outside of high-risk settings, hospitals have a unique responsibility to provide a safe care environment, and we know that masks are one of the most effective steps we can take to protect our patients and each other.

Visitors continue to be provided with a medical-grade mask when they pass through screening, and NHH continues to require visitors to wear this mask at all times in public and patient areas of the hospital, except when eating or drinking in the Main Street Bistro. The mask mandate is also applicable to individuals visiting NHH's community mental health program offices.

Patient and family advisory council seeking patient partners

Have you or your loved ones received care from NHH in the past three years? Do you have an interest in being a part of hospital decision making in a manner that reflects NHH's core values of integrity, quality, respect, compassion and teamwork? The Patient and Family Advisory Council (PFAC) has a number of volunteer opportunities you may want to consider!

Established at NHH in December 2016, this Council is now in its sixth year. Through the volunteer Council, patient and caregiver partners are active in all core patient care areas of the hospital, working as partners with NHH staff, managers, physicians and the Board of Directors on a wide variety of hospital activities, special projects and program-focused quality and practice committees.

The PFAC has three opportunities that require dedicated support in the following areas:

- Maternal/Child Care
- Community Mental Health and Addictions
- Equity, Diversity and Inclusion

How to express interest?

Residents of west Northumberland with an interest in volunteering on NHH's PFAC are invited to review the Terms of Reference and Role Description and complete the Expression of Interest Form available on the Patient and Family Advisory Council page under the Patients tab of the hospital website at nhh.ca.

Interest is invited at any time, for any program area, though the PFAC aims to fill the above priority opportunities by late June, 2022.

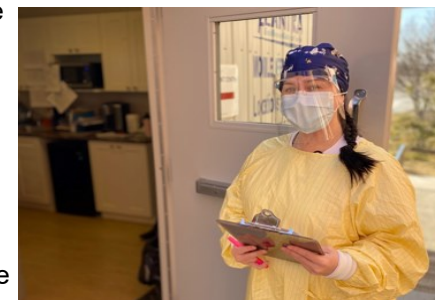
Please see the related media release at nhh.ca or call 905-377-7757.

New changes to NHH's COVID-19 assessment clinic

Effective May 28, 2022 we have changed our hours of operation to better match demand.

Patients or their care providers are encouraged to call the Centre first to speak with a navigator. Appointments will be scheduled as appropriate.

In all urgent situations, the same rule applies: call 911 or go directly to the nearest Emergency Department. Please phone 905-377-7783 or 1-833-678-2435 or visit nhh.ca/covid-19 for more information.



Local police and NHH to offer concentrated M-HEART services in the Municipality of Brighton

A successful partnership between local police services and community mental health providers will now be offering additional focused support for the Municipality of Brighton.

M-HEART (Mental Health Engagement and Response Team) combines supports within the justice and health care systems to collaboratively assist individuals with mental illness and/or addictions.

A Community Safety and Policing Grant Application has secured an additional 20 hours a week for service by an M-HEART Registered Nurse in the Municipality of Brighton. The Community Safety and Policing Grant Application was secured through the Ministry of the Solicitor General. The application was put forth by the Brighton Police Service Board in partnership with the Northumberland OPP and NHH.

The M-HEART Registered Nurses work in tandem with their policing partners, providing the community with client-centered and trauma-informed mental health nursing care to individuals experiencing a mental health crisis. This can include consultation in crisis intervention and helping to determine a therapeutic course of action in a crisis. The M-HEART Registered Nurse is also able to perform mental health assessments and support transition to medical facilities when required. The M-HEART Registered Nurse is able to participate in the ongoing assessment of the client, where they can provide follow up consultations and assistance in connecting the client and their families to available community resources for basic needs, emergency services, crisis services and other services deemed appropriate for the individual client's needs. The aim is to support the longer term stabilization of a vulnerable population within our communities, and collaboratively develop treatment that includes client directed goals.

Please see the related media release at nhh.ca to learn more.