

## Additional investments announced for Northumberland Hills Hospital



David Piccini, MPP Northumberland-Peterborough South, Bob Crate, Warden, Northumberland County, and Linda Davis, NHH President and CEO at the July 12 funding announcement beside the main entrance at NHH

The Government of Ontario is continuing to invest in Ontario's hospitals and, at a public announcement held outside the hospital on Monday, July 12, David Piccini, MPP for Northumberland-Peterborough South, confirmed that as part of this investment, Northumberland Hills Hospital would be receiving \$1,497,300 in new funding for 2021/22, a 2.8% increase on the estimated base and one-time funding received by the hospital the year prior.

"Today's announcement builds on previous historic investments at Northumberland Hills Hospital, and it continues to send a clear message that this Government is determined to fix the long-standing funding inequities that for so many years have disadvantaged small

and medium-sized hospitals. These unprecedented times have highlighted the importance of having a strong health care system," said MPP Piccini.

"NHH is extremely grateful for the continued support of our government," said Linda Davis, President and CEO. "The investment announced by our MPP today will better enable our team to support the needs of this growing and aging community." For more on the announcement, see the full media release at [nhh.ca](http://nhh.ca).

## COVID-19 has been hard on everyone. Need someone to talk to? Our Walk-In Counselling Clinic is open each Tuesday and Thursday

### Virtual and in-person counselling sessions available, no appointment required

NHH's Community Mental Health Services team, and their partners at Rebound Child & Youth Services, recognize that COVID-19 has been hard on everyone. Using a hybrid model of care that mixes virtual visits and face-to-face options, they want to remind every family in Northumberland that walk-in counselling is open and available for children, youth and adults (aged 7 and up) on Tuesdays and Thursdays at NHH's Community Mental Health Services office located at 1011 Elgin Street West, Suite 200, Cobourg.

Clients of the walk-in connect briefly (typically by phone) with a case manager to identify goals for the walk-in session, and attend a same-day therapy session virtually or (as circumstances require) in person. Should the walk-in demand exceed the NHH and Rebound teams' capacity on a given day, clients will be asked to return on the next Tuesday or Thursday. As always, there is no limit to the number of times an individual may access the walk-in service.

If you have access to a phone, call **905-377-7784** on Tuesdays from 8 am – 4pm and Thursdays from 10 am – 6pm to receive support from the Walk-In Counselling team. You'll be asked for your **first and last name, phone number (if you have one), and date of birth.** Your call will be returned by walk-in staff by the end of the business day.

Clients who do not have access to a phone, or prefer to connect directly, are welcome to stop by our office, 1011 Elgin Street West, Suite 200, Cobourg, on Tuesdays and Thursdays in the times noted above.

### Outside of these hours, individuals in crisis are reminded of the following resources:

- call Four County Crisis at **1-705-745-6484** or **1-866-995-9933**,
- reach out to the Community and Social Services Help Line by dialing **211**, or
- go to the closest Emergency Department.

For more on Community Mental Health Services available from NHH, please see [nhh.ca](http://nhh.ca).



## COVID-19 vaccination – Don't delay

With the Delta variant circulating in our province and community, it is extremely important that all eligible residents get two doses of COVID-19 vaccine as quickly as possible. Vaccination is our best defense against COVID-19 and its variants.

Vaccines are widely available from many sources, including mass vaccination clinics, primary care providers, pharmacies and mobile clinics.

### Provincial booking system

Booking may be done online through the provincial COVID-19 booking system at [www.ontario.ca/bookvaccine](http://www.ontario.ca/bookvaccine) or by phone at 1-888-999-6488. Note: as of August 3, the Haliburton, Kawartha, Pine Ridge District Health Unit is cancelling all second dose appointments from the provincial booking system made in August, September, October and November at its COVID-19 vaccination clinic sites in Minden, Cobourg, Fenelon Falls and Campbellford, and encouraging earlier 'walk-in' appointments to these sites instead. For a listing of local walk-in vaccination options operated by the Health Unit please see their website [hkpr.on.ca](http://hkpr.on.ca). Follow HKPRDHU's social feeds for the latest news.

### Pharmacies

Eligible Ontarians can also register to receive a COVID-19 vaccine at a participating pharmacy. Some pharmacies are accepting walk-ins, others require an appointment. Hours of availability vary by pharmacy. For a current list of all participating pharmacies, visit <https://covid-19.ontario.ca/covid-19-vaccines-ontario>

### Primary care providers

Some primary care teams and/or providers are offering vaccination clinics as well. Reach out to your primary care provider directly for information, or monitor their website and social media feeds for updates.

### Local Mobile/Pop-Up Vaccine clinic options

NHH is proud to be part of the Ontario Health Team of Northumberland which has and will continue to, if needed, to bring Mobile Pop-Up Vaccine opportunities to locations across our region on a walk-in, no appointment required basis. For the latest information on local mobile clinic options, please see the News and Notices section of the OHT-N website, [www.ohnorthumberland.ca](http://www.ohnorthumberland.ca), and follow the OHT-N social media feeds on Twitter and Facebook. Updates are shared as new clinics are confirmed.

## NHH bids a fond farewell to outgoing President and CEO, Linda Davis

As previously announced, Linda Davis will retire from her post at NHH at the end of July after more than seven years of distinguished service at NHH and over four decades of service within health care systems across Canada. From all of us at NHH, best wishes on your retirement, Linda. Thank you for all you have done for NHH and the community we serve!

For information on NHH's incoming President and CEO, Susan Walsh, please see [nhh.ca](http://nhh.ca).

