

Respiratory symptoms? NHH's Cough, Cold and COVID Assessment Centre is here for you!

Services available in the portable trailer immediately outside Northumberland Hills Hospital's Emergency Department have expanded, as the number of area residents concerned about cough, cold or possible COVID symptoms continues to rise in our area.

Open until at least **March 30, 2023**, the NHH Cough, Cold and COVID Assessment Centre offers a fast and effective assessment and treatment option for anyone experiencing worsening cough, cold, earaches, sore throats, congestion and fever—symptoms typically associated with respiratory illnesses like RSV (respiratory syncytial virus), influenza, and COVID-19. All ages are welcome.

Available by appointment only (no walk-ins) the Assessment Centre is committed to providing timely help to local families by offering:

- phone-based consultation (often avoiding the need for in-person visits) for those with questions or concerns regarding moderate/worsening cough, cold or COVID-19 symptoms;
- booked appointments with a clinician, often SAME DAY;
- testing, as eligible, including COVID-19 PCR testing, with quick turnaround on results; and
- prescriptions for treatment as applicable.

Call **905-377-7783** or **1-833-678-2435** to speak to a member of the NHH Cough, Cold and COVID Assessment team.

Walk-ins are not permitted, due to space constraints. Appointments must be pre-booked. In all urgent situations, such as chest pain, severe difficulty breathing, altered state of consciousness, and confusion, call 911 or go directly to the nearest Emergency Department.

For further details on location and services, see the related Frequently Asked Questions at www.nhh.ca.



Happy Holidays!

On behalf of everyone at Northumberland Hills Hospital, we wish you a safe and happy holiday season.

NHH recognized nationally for environmental responsibility by the Canadian Coalition of Green Health Care

NHH has been recognized on a national level by the Canadian Coalition of Green Health Care for its ongoing work toward energy conservation and environmental responsibility.

The Canadian Coalition for Green Health Care works with health care facilities to share green health care best practices and to support organizations interested in enhancing their environmental responsibility and becoming better equipped to deal with the unique challenges facing health service organizations.

To be considered for the Green Health Care Awards, NHH was required to track its performance against key indicators also measured by hospital peers on a national scorecard maintained by the Coalition known as the Green Hospital Scorecard.

In the year just reported (2021), NHH earned recognition in five categories, including a top ranking nationally for pollution prevention and silver recognition (second place overall) for Green Hospital of the Year (also a national award).

In total, NHH's recognitions in the 2021 Green Hospital Scorecard are as follows:

- Energy – Ontario (winner)
- Pollution – Canada Wide (winner) • Green Hospital of the Year (honorable mention, silver award)
- Leadership – Canada Wide (honourable mention)
- Water – Canada Wide (honourable mention)

For more, please see the related news release at www.nhh.ca.