

Babies, babies and more babies born at NHH this summer!

The number of families choosing to deliver their babies at NHH continues to grow! 540 births occurred at NHH in 2016/17, up from 495 the year prior. Though the spring months saw slightly fewer births at NHH, if this summer is any indicator, NHH could very well break its own record in 2017/18. This past July saw 61 babies born (14 more babies than the same month the year prior) and with another week of August still left, the team has already supported 51 births this month—last August saw a month-long total of 46.

Brighton's **Josée and Darwin Rostetter-Saunders** were one of the couples who chose to deliver at NHH this month. Now the happy parents of three beautiful little girls, the couple welcomed their third daughter, Harvest, into the world at NHH on Wednesday, August 16, right in the middle of NHH's summer baby boom. Harvest is a sister for two and a half-year-old Madeline and five-year-old Abigail.

The couple, who also had Madeline at NHH, shared high praise for the hospital team. *"Everybody here has been unbelievable,"* said Darwin. *"The team has been just amazing...they even gave us popsicles for the girls!"* Special thanks were expressed to their family doctor, Dr. Mark Essak, Obstetrician-Gynecologist Dr. Michael Green and all the nurses on the NHH team.

"We're very fond of babies at NHH," said Program Director Ann Wehrstein. "While the fiscal year got off to a slightly quieter start in our Maternal/Child Care unit, our team of nurses, midwives, family physicians, obstetrician-gynecologists and anesthetists has been extremely busy this summer. We credit our strong partnerships with local midwifery practices and physicians with this growth, and the quality of care delivered. Everyone loves to hear that familiar Brahms lullaby ring through the halls when a baby is born and it has certainly been playing a lot this summer!"

Congratulations to the Rostetter-Saunders family and all the new parents who have delivered at NHH this year. It's our privilege to serve local families. For information on NHH's Maternal/Child program, please see our website at www.nhh.ca. Have a specific question? Email our information line at info@nhh.ca.



Harvest, third daughter for Josée and Darwin Rostetter-Saunders, of Brighton, is one of 51 babies born so far at NHH this month – She is shown with her proud Mom and Dad and big sisters Abigail (left) and Madeline, a day after her birth

Central East LHIN call for interest - Sub-region Planning Tables

The Central East Local Health Integration Network (Central East LHIN) is seeking health system stakeholders to participate in seven new "Sub-region Planning Tables."

Building on the Central East LHIN's existing engagement and planning efforts, the Sub-Region Planning Tables are being established across the province to strengthen joint accountability at a more local level. One of the seven Central East tables will focus on Northumberland County, while the remaining six are spread across Scarborough, Durham, Peterborough and Haliburton / City of Kawartha Lakes respectively.

The initial core membership of the sub-region planning tables will include patients, caregivers, Indigenous representatives, Francophone representatives, new immigrant representatives, primary care (physicians, nurse practitioners), specialist physicians, hospital sector representatives, Public Health Unit representatives, municipal services representatives, home and community care services director representatives, community support services sector representatives, long-term care homes sector representatives and mental health and addictions sector representatives.

Here in the Central East the new planning tables will advance the strategic aims and direct care priorities of our LHIN's Integrated Health Service Plan 4 (IHSP 4) – *Living Healthier at Home*. The tables are also expected to build joint, local accountability for system redesign. Issues such as health and service gaps, quality and patient experience, and outcomes for the population of the sub-region are all topics the new tables could address.

Expressions of Interest for the Northumberland County and other Central East tables are due by **September 12, 2017**. For more information, including a copy of the Expression of Interest form, and details on the tables forming across our LHIN, visit the Central East LHIN website – www.centraleastlin.on.ca – and click on <http://www.centraleastlin.on.ca/forhsps/ApplicationsEOIsProposals.aspx>.

Additional information required? Please email Lori Brady, Director, System & Sub-region Planning & Integration (Scarborough South) at lori.brady@lhins.on.ca.