

**Northumberland PACE Speakers Series welcomes Dr. Elizabeth Selby and Scott MacCoubrey for April's conversation, 'Getting Organized Before You Die'**



Featuring panelists:

- Dr. Beth Selby
- Scott MacCoubrey

April 26, 2023 from 5:30 - 6:30p.m.  
Hosted virtually on Zoom - Register at  
[PACETalks.com](https://www.pacetalks.com)



The Northumberland PACE partners' speakers series will resume on Wednesday, April 26 at 5:30 PM with a virtual discussion led by Dr. Elizabeth (Beth) Selby and Scott MacCoubrey on the topic, 'Getting Organized Before You Die.'



Dr. Beth Selby is a long-standing member of Northumberland Hills Hospital (NHH)'s Board of Directors, where she is currently serving as Board Chair.

She holds an Honours Bachelor of Applied Science from the University of Guelph, as well as Bachelor, Master and Doctorate degrees in

Education from the University of Toronto and a range of education-related certifications.

Beth dedicated her professional career to Ontario's education system in a diverse range of roles, which included a classroom teacher, Superintendent, Principal, Supervisor of Teacher Interns, and a Faculty Advisor.

She is an active member of the Northumberland community, having served as a Board Member of YMCA Northumberland and Past President for the Rotary Club of Cobourg.

Scott MacCoubrey is a third-generation president and owner of MacCoubrey Funeral Home Ltd—previously operated by his late father and grandfather—which has served Northumberland County for over 30 years at both their Cobourg and Colborne locations.

He is also a Past President of the Rotary Club of Cobourg, Past Chairman for the Ontario Independent Crematoriums, and Past President with the Board of Management for the Ontario Funeral Service Association.

At the March PACE talk, Beth will share her recent personal experiences with navigating the death of a loved one and its many intricacies, while Scott provides a professional and logistical insight into the death care industry.

As is standard within the PACE Talk format, questions from the audience will also be addressed. These questions may be pre-submitted by emailing [mbhargava@imcare.ca](mailto:mbhargava@imcare.ca) prior to April 26, 2023, or time permitting, posed live during the event itself.

Lasting an hour in length, each PACE talk consists of a 30-minute talk, a 20-minute question-and-answer period with the guest speaker(s) and a short moderator summary.

Bring your questions, your suggestions, and your experience and join in what is expected to be another informative discussion on a topic chosen by previous PACE attendees!

Pre-registration is required and space is limited to the first 300 registered attendees. This event is hosted through Zoom, and attendees are asked to login to the event 5 minutes prior to the start. Register for 'Getting Organized Before You Die' today at [www.pacetalks.com](https://www.pacetalks.com), where you'll also find recordings from many of the previous seasons' talks prepared by student partners from Loyalist College.

**Share your feedback with us by taking our Patient and Caregiver Experience Survey**

How was your experience? Let us know!



Open phone camera and hold over the QR code.  
Click the link to the short survey.

Thank you for your time and feedback!



*You're invited to...*

**Northumberland Hills Hospital's  
Virtual Board Volunteer Open House**

Tuesday, May 9, 2023

7:00 PM

Zoom login details available at [NHH.ca](https://www.nhh.ca)

