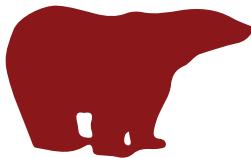


Auxiliary News

Spring 2013

Polar Dip



Matthew St.Amand, owner of Lakeridge Chrysler Dodge Jeep Ram Dealership in Port Hope, has become a polar dip addict. They are now his hobby and he does as many as he can. He did the one in Newcastle on New Year's Day for Sick Kids and then started gathering pledges for ours on February 16th.

Two weeks before the Polar Dip one of his close friends died. Heart attack, 36 years old; left behind a wife and a one-year old daughter. Matthew wanted to help.

He made a deal with friends: for every one of them who came to Cobourg and dipped with him on February 16th Matthew would give \$100 towards an education fund for their friend's little girl. Fourteen of them came from London, Burlington, Toronto, Brighton and here. Do the math.

Matthew had bought a bunch of crazy wigs and gave one to each of them when they got here. Those of us at the beach that day watched as this wonderful group of bewigged nuts arrived,

disrobed in the buses and came down to the water's edge for the Big Dip. They also had pledges. Along with a bunch of other, very brave people who had pledges, they ran into the lake when Kevin gave them the signal. And the really encouraging thing is that they all came out! Including Shirley O'Neil's 11 year-old granddaughter Grace who had collected \$200!!!!

Linda Smith and Patricia Fenner were the co-chairs of this event and send "a BIG thank you to one and all for your help in pulling off this unusual and unpredictable fundraiser for our Auxiliary. We appreciate the assistance provided by spouses (Jerry, Ken and Ron) as well."

A great time was had by all and the end result was \$3478.68 for the Auxiliary.

Nudge nudge, wink wink: Matthew, who is already looking forward to the 2014 Polar Dip, told me that, because it was Saturday and they had to work, he couldn't 'press gang' his staff into dipping. If it was on Sunday he would. Hmmmmmmmmmm! I hear challenges with other dealerships here.

Selena Forsyth



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**NORTHUMBERLAND HILLS
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AUXILIARY**

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President's Report ...



I hope everyone survived the winter and stays optimistic that spring will actually get here sometime soon! Most of our snowbirds have returned and are back to their areas of service and, as a result of a successful volunteer recruitment event, there are approximately 21 new volunteers! We still need two board vacancies filled, for Director of PR & Communications and a Vice President, so if any of you are interested in getting involved at that level please call me to find out more about it.

It seems the Polar Dip was another successful event (more on this in a separate report) and I certainly enjoyed my simultaneous 'dip' in the Gulf of Mexico – after applying sun screen of course!

Planning is well underway for the second Spring Fever event which will be bigger, with hanging baskets as well as bedding plants and both new and returning vendors and master gardeners. We hope you will get out to Scott's barn to this event and volunteers for a few hours at a time a definitely needed!

On the hospital front as many of you know, our CEO Robert Biron has moved on to a new position as CEO of Scarborough Hospital. The NHH board organized a lovely farewell tribute to Robert at The Mill on April 10th and on behalf of the Auxiliary I thanked him for his unfailing support and respect for our volunteers and wished him well in his new position.

Our AGM is coming up on May 28th at which time we will celebrate the 90th anniversary of our Auxiliary, a significant milestone indeed.

As always I thank you for your dedication to the hospital, your grace and humour with staff, patients and visitors, and the support given to me in helping me to do this job.

A handwritten signature in black ink that reads "Gayle Metson".

Gayle Metson
President, NHH



Bowling For Bucks

We had fun. We always do. It would be even more fun if more people joined in but those of us who went to the Northshore Lanes at the Northumberland Mall, donned our bowling shoes and flexed our muscles, played like pros. Some of us were a little sore the next day (OK I was sore!) but it was all worth it. And everyone worked really hard at getting pledges and the end result was \$2653.68. Not bad for an hour or so's work. Many, many thanks to sisters Connie Sherwin and Donna Davis for all their hard work in organizing our annual Bowling for Bucks.

Really hope to see you there next year.

Selena Forsyth



Maternity News

One of the perks enjoyed by the volunteers in Medical, Surgical, I.C.U. and the Maternity Unit on the second floor is the 'gifting' of each newborn with a hat or tuque from the Auxiliary. We also give a "Big Sister" or "Big Brother" certificate to all siblings. The hats are knitted by Auxiliary members, past and present, and members of the community.

To those volunteers we would like to say how much we appreciate the time and effort you put in to enable this to happen. In the past we also gave out wee mittens or bootees but for the last three years we have not done so due to safety issues.

Instead we have donated some to the Giving tree, the Salvation Army and to various First Nations reserves and Inuit settlements in Northern Ontario, Manitoba and northern territories where they are distributed by former NHH nurses who staff the clinics in those areas.

Please remember that we do not have a neo-natal unit at NHH and thus cannot use small items suitable for preemies.

Once again, thank you for your time and generosity by helping us stock our Maternity "Baby Gift Basket".

Virginia Mitchell, Co-ordinator



Polar Dip



Polar Dip



Notice of Meeting



Northumberland Hills Hospital Auxiliary

90th Annual General Meeting

May 28, 2013

Come celebrate this anniversary!

Education Centre Northumberland Hills Hospital

9:00 Doors open

Continental Breakfast

10:00 Presentations

10:30 Business meeting

11:00 Anniversary Celebration

Tickets \$10.00

Little Treasure Shop & Petticoat Lane

May 5 – May 25

Volunteer Appreciation

If it's Volunteer Appreciation season at Northumberland Hills Hospital, it's also Gerbera season.

This year the event will take place in the Bistro on Wednesday April 24th at 10:30 a.m.

There will be goodies and complimentary remarks and general good will.

As an added feature, the keynote speaker will be Northumberland Quinte-West MPP Rob Milligan.

Please plan to attend.



Membership Notice

Please join me in welcoming Carmel Murphy to our HR team. She will be joining me in tracking your memberships in future and she comes to us with a wealth of experience and knowledge.

Thank you to those who have renewed their memberships to date. It is much appreciated.

One question that keeps coming up, time and again, is that of issuing membership cards.

The Board of Directors set a new policy approximately four years ago to do away with membership cards for reasons like preserving trees, cutting down costs for the Auxiliary and cutting out the labour intensiveness and cost of writing out and delivering over 300 cards. Your envelope and the list you sign when you renew is our backup documentation that your membership has been paid and received.

The only cards issued are for members who have renewed for longer than one year. For example, if your membership renewal

date is 2015 or beyond, you will get a card. But if you renewed for one year to January 2014, you will not receive a card (even if you have asked for one - sorry).

Yearly memberships are relatively easy to remember – simply wish yourself a Happy New Year and then realize your membership is due at the end of month.

The deadline for your Auxiliary membership renewal is always on January 31, regardless of when you renewed the previous year.

Thank you for your continued service and all the kindness you bestow to patients, staff and other volunteers.

Brenda Worsnop
HR Membership Information Coordinator



Coming Events

April 24th	NNH Volunteer Appreciation
May 11th	Spring Fever
May 28th	AGM



Spring Fever

On May 11th, the day before Mother's Day, from 10:00 a.m. to 4:00 p.m., we'll hold our second annual Spring Fever. As you know, it's all about gardens and gardening with Mother's Day gifts and all your planting needs for the May 24th weekend.

Again it will be held at Scott's Barn, 160 McLean Road north of Grafton with vendors selling art, garden ornaments, gardening books and garden furniture and local nurseries will be selling plants, planters and baskets. Local caterers will have something for everyone in the family, including ice cream from Slickers in Prince Edward County.

We'll have speakers again, this time talking about Intensive Urban Gardening, The Art of Pruning, Why Garden with Native Plants, Water Conservation Gardening and Creating Dry Stone Structures. And those so very knowledgeable Master gardeners will have a booth and answer your gardening questions.

There will be an amazing draw with donations from each vendor and, thanks to our own Lorrie Phipps, a patio set and a spinner cycle so you can exercise while you watch your garden grow!

We are very excited about our second Spring Fever and hope that you will join us at Scott's Barn on May 11th. And if you would like to volunteer we would love to hear from you. Call the auxiliary office at 905.372.6811 ext. 4630, and someone will get back to you.



NORTHUMBERLAND HILLS
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