

Auxiliary News

Spring 2012

Polar Bear Dip Report



One of the definitions of 'polar' is 'having magnetic polarity' – just like all the dippers who ran/pranced/dove into Lake Ontario on February 18th! Fired up (polar opposite term...) by NHH's own Kevin Burn, 15 enthusiastic (questionably sane...) people swanned about in the lake for various lengths of time, with the aforementioned Kevin the last and doing a head-stand as his finale. What a guy! Great turnout of rah-rah supporters, who at least didn't have frozen jaws as was the case last year – we could actually yell and keep it going this year!

Many, many thanks to our very own Linda Smith who Chaired the event on behalf of NHHA, her team of volunteers and with special mention to her husband Jerry, and to all of the sponsors, donors, the Cobourg Fire Department and St. John's Ambulance, all of whom make this event possible, fun and good for NHH.

When all pledges are in, we will have raised in excess of \$4100.00 for about 15 minutes of 'ice' time; good return! Look forward to seeing all you hale and hearty souls next year, when we would like to double that amount; get pledgin'!

Photo by: Rene Calderon



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NORTHUMBERLAND HILLS
HOSPITAL
AUXILIARY

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President's Report ...



pring – a time of renewal, review and new growth- an apt way to describe the NHH Auxiliary.

Memberships need renewal, and we are in the early stages of a Strategic Planning and Review exercise on our capacity to fulfill our financial and volunteer responsibilities. It will be a wide ranging exercise and we will give more specific information and feedback as we get further into the process.

Reviewing our fundraising activities has also been underway, and the board has decided to not hold another Wine Tasting in the Park event this year. Last year's event was a lot of fun and we had very good feedback about it, but we think we'll give it a rest for a while and do something completely different. All of our members have had their immune status checked and we are very pleased with the huge amount of cooperation by our members in this process; another review completed and of benefit to us, staff and patients.

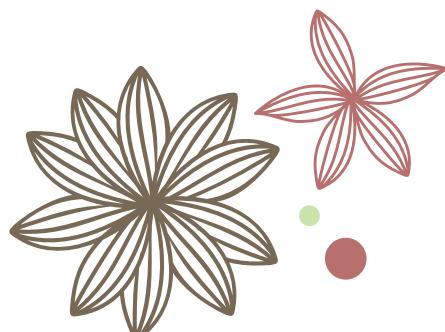
New growth is always exciting and inspirational; we have ongoing Intake of new volunteers of all ages, stages and locations who are being placed throughout our areas of service in the hospital. Students continue to seek out NHHA for volunteer work and have received the usual competent and hands-on oversight by Coordinators. Thank you! The 'new' growth for us in fundraising is our "Spring Fever" gardening event on May 12 and we are so excited about it! Mark your calendars and don't make any decisions on Mother's Day gifts until you come to this event to get the perfect one. Details are in this newsletter so make note and tell your friends – this is a 'must do' event. Oh yes, I will have a new granddaughter on May 1st – new growth indeed! The equipment purchase that the NHHA committed \$150,000 toward the purchase of has been approved by the board, and includes the Restorative Care Program (RCP) Admission Assessment Tool; Vital Signs monitors for ED; RCP; Rehab and Ambulatory Care (complete list can be seen in the minutes of the March 19, 2012 NHHA board meeting).

As always and most sincerely we thank all the volunteers who give of their time, hearts and competence and to the staff who tell us everyday what a difference we make in enhancing the overall delivery of service at NHH.

AGM coming up May 15 – hope to see you there.



Gayle Metson
President, NHHA



The Northumberland Hills Hospital Auxiliary

**Annual General Meeting
Tuesday, May 15, 2012
Education Centre NHH**

**Doors open – 9:15 a.m.
Continental Breakfast**



Call to order – 10:00 a.m.

Formal greetings and presentations

**Presentation: New Mental Health Services
Scott Pepin**

Business meeting

**Tickets on sale April 12 – May 11
Little Treasure Shop
Petticoat Lane
\$10.00**

NATIONAL VOLUNTEER WEEK

***Celebrating volunteers and
volunteerism at NHH***

**Please join us for refreshments
and a heart-felt thank you
as we recognize the exceptional contribution
volunteers like you make at NHH every day.**



**When: Thursday, April 19th, 2012, 10:30 AM
Where: NHH Education Centre (2nd Floor)**

***Special tribute to Marg Gear,
NHH Auxiliary volunteer since 1949!***



**NORTHUMBERLAND HILLS
HOSPITAL
AUXILIARY**

Spring Fever 2012

On May 12th Northumberland Hills Hospital Auxiliary will hold the first of what we think will be our signature annual event for many years to come. It's called Spring Fever, it will be the day before Mother's Day and a couple of weeks before garden planting weekend. And it's all about gardens and gardening.

It will be held at Scott's Barn north of Grafton, the home of Pat Scott's annual July Lavender Festival. It's a spectacular location overlooking a panoramic view of Lake Ontario and the Northumberland Hills; in summer the field of Lavender is an intoxicating sight. They grow 16 varieties of Lavender all with distinctly different colours, tastes, and smells.

Thanks to Pat we have the use of the barn – a two-story piece of magic – and the gardens. And in these locations we will have vendors selling just about everything you can imagine all with a gardens and gardening theme. There will be art, including paintings, stained glass and garden ornaments. Pat will be selling dried lavender, lavender soap and lavender water sprays. Local nurseries will be selling plants and planters and baskets and tools, the Grafton bookstore will have gardening books and local caterers – Herma, Tina Moorey from Warkworth and Mark Pollard from Warkworth - will feed you with delectables made with local ingredients. And there will be ice cream. Slickers ice cream makers (they make Pat's Lavender Ice Cream for her festival) from Bloomfield in Prince Edward County, will provide four ice cream flavours: Rhubarb Ginger, Vanilla bean, Strawberry, (made with fresh strawberries for Mothers day), and a decadent chocolate. Oh My!

There will be speakers – mostly master gardeners – talking about and taking questions on subjects like landscape design 101, the scented garden, creating a natural habitat including native species, and heirloom tomatoes. The master gardeners will also have a booth and be available to answer everyone's gardening questions.

There will be amusements and food for kids because we want to make this a family affair, and there will be an amazing raffle. Vendors are asked to contribute to it and we have a donation from a Port Hope couple: a hand made wooden planter, value \$300. We also have, among other things, a \$100 gift certificate from Lorne Park Nurseries, another from Mary Lou Burnside and another from the Branch Ranch Ladies. A gift basket from Viking nurseries and two brand new day lily hybrids, just released this year, from 'We're in the Hayfield Now'. All they grow are day lilies.

Admission will be free but we will suggest that donations are



very welcome and all this excitement will take place from 10:00 a.m. to 5:00 p.m.

You've probably got the picture: the whole idea of course is that people can get their Mother's Day gifts at Spring Fever as well as just about everything you need for the May 24th planting weekend. Please come to Scott's Barn on May 12th and see for yourself. And if you have any interest in volunteering – we need as many as we can get – please call the office: 905 372.6811 extension 4630. We will need people at the gate, people to take donations, people to sell raffle tickets, people to work some of the booths. (Some vendors cannot be there because it's Mother's Day weekend. Like Viking Nurseries and the ice cream people for example.) Any amount of time you can donate will be appreciated.

We are very excited about Spring Fever.
We hope to see you there.

Selena Forsyth
Director of Fundraising

Coming Events

- | | |
|------------|----------------------------|
| April 19th | Volunteer Appreciation Tea |
| May 12th | Spring Fever |
| May 15th | Annual General Meeting |

Polar Bear Dip Photos



Photo by: Rene Calderon



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