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NEWS RELEASE - FOR IMMEDIATE RELEASE

It's a boy! First baby of 2009 born at NHH January 1

NORTHUMBERLAND COUNTY, January 2, 2009 – Bonnie and Shaun Overland of Campbellford, Ontario, are the proud parents of the first baby born at the Northumberland Hills Hospital in 2009.

Baby Owen Overland came into the world at 11:07 AM yesterday morning, January 1. He weighed 4,185 grams (9 pounds and 3.6 ounces).

For more information, please contact Jennifer Gillard, Director of Corporate Communications, at 905-377-7757 or jgillard@nhh.ca.

About Northumberland Hills Hospital — The Northumberland Hills Hospital (NHH) is located approximately 100 kilometres east of Toronto. The 137-bed acute care hospital delivers a broad range of services, including emergency and intensive care, medical/surgical care, complex/long-term care, rehabilitation, palliative care and obstetrical care. A variety of ambulatory care clinics are also offered at NHH. In addition to these, NHH also sponsors a Community Mental Health Centre and an Assertive Community Treatment Team. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs close to 600 people and relies on the additional support provided by physicians and volunteers. NHH is an active member of the Central East LHIN. For more information, please visit www.nhh.ca.