



NORTHUMBERLAND HILLS HOSPITAL

inspiring strength, dignity and compassion

NEWS RELEASE – FOR IMMEDIATE RELEASE

Expert in osteoporosis and dementia to deliver keynote address at hospital's June 19 Annual General Meeting – public encouraged to attend

NORTHUMBERLAND COUNTY, Friday, June 13, 2008 – Northumberland Hills Hospital will hold its Annual General Meeting next Thursday, June 19, and Dr. Jenny Ingram, a specialist in Internal Medicine and Geriatric Medicine, will deliver the keynote address.

Based in Peterborough, Dr. Ingram has two overarching interests: dementia and osteoporosis. Dr. Ingram will speak to both next Thursday with a presentation on the early signs that problems may be occurring and recommendations to minimize risk and maximize wellness. The event is open to the public.

A recognized leader in osteoporosis and dementia, Dr. Ingram has been actively involved in the development of the Ontario Osteoporosis Strategy and the establishment of fragility fracture programs aimed at screening and educating individuals with fragility fractures.

In 2004, Dr. Ingram identified a strategic opportunity to increase the capacity for diagnosis and treatment of persons with dementia. She initiated a program to assist General Practitioners in assessing the disease, an initiative which led, in turn, to a training program for nurses in family practice clinics to perform Neuro-cognitive Assessments.

Dr. Ingram is the consulting Geriatrician for the Whitby Mental Health Centre's Memory Clinic and the founder of the Kawartha Regional Memory Clinic, a clinic created in response to the inadequate assessment services for dementia.

**Where: Northumberland Hills Hospital Education Centre, 2nd floor
1000 DePalma Drive, Cobourg**

When: Thursday, June 19, 2008, 7:00 PM

What: Annual General Meeting, Northumberland Hills Hospital

For more information, and to reserve a seat, please contact Jennifer Gillard at 905-377-7757 or jgillard@nhh.ca

About Northumberland Hills Hospital – The Northumberland Hills Hospital (NHH) is located approximately 100 kilometres east of Toronto. The 137-bed acute care hospital delivers a broad range of core services, including medical/surgical care, complex/long-term care, rehabilitation, palliative care, obstetrical care and intensive care. NHH also sponsors a Community Mental Health Centre and an Assertive Community Treatment Team. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland comprises the Town of Cobourg, the Municipality of Port Hope and the townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs over 500 people and is an active member of the Central East LHIN. For more information, please visit www.nhh.ca.