



# NORTHUMBERLAND HILLS HOSPITAL

*inspiring strength, dignity and compassion*

## **NEWS RELEASE – FOR IMMEDIATE RELEASE**

### **National Take Our Kids to Work Day draws local students into NHH to learn first-hand the career options possible in the health care sector**

**NORTHUMBERLAND COUNTY, Monday, November 12, 2007** – What is it like to work in a hospital laboratory? What does a diabetes educator do each day? What's the role of an RN in a chemotherapy clinic?

These and many other questions were answered for more than 20 area high school students at the annual Take Our Kids to Work Day held at Northumberland Hills Hospital on Wednesday, November 7, 2007.

A national program of The Learning Partnership, Take Our Kids to Work Day has existed since 1994. More than 1.5 million grade nine students and tens of thousands of workplaces have participated in the program now recognized by every province and territory in Canada. The Take Our Kids to Work Day program enables the entire community—parents, teachers and employers—to actively participate in the career development of young Canadians.

“It’s a great idea. I often talk about my job at home with him, but it is different for him to actually experience it in person,” said NHH RN Patricia Ley, whose son Stuart participated in this year’s program.

“It really opens your eyes up to the possibilities out there in terms of medical careers, said Stuart.”

Taylor Clark, a student at St. Mary’s high school in Cobourg, described her day in the hospital Laboratory as a “ton of fun!”

"I got to see how to ID white and red blood cells, how to find a vein and how to take blood," said Taylor, whose current career aspirations are aimed at family medicine.

Mackenzie Hamlin, who accompanied Taylor in the hospital Lab., was impressed by the opportunity to see some of the many tests conducted by laboratory technologists on patients in the hospital. A grade nine student at CDCI West, Mackenzie agreed with her peers: "This is great!"

Oliana Elliott, whose mother Paula Elliott works in Nutrition Services at the hospital, had the opportunity to see patient care from the perspective of those who prepare and serve food. "It's a LOT of work," grinned Oliana. Currently in grade nine at Port Hope High School, her current goal is to work with seniors.

Elizabeth Vosburgh, Director of Human Resources and Risk Management said the hospital is thrilled to be part of this important national initiative each year.

"Take Our Kids to Work is an excellent opportunity to show our young people the kind of fascinating jobs available to them in the health care sector as they get older. By participating, hospital employees are not only teaching their children valuable workplace skills, they are also helping to contribute to the future retention of medical professionals in our community," said Vosburgh.

For more information contact Jennifer Gillard at 905-377-7757 or [tgillard@nhh.ca](mailto:tgillard@nhh.ca)

The Northumberland Hills Hospital (NHH) is located approximately 100 kilometres east of Toronto. The 137-bed hospital delivers a broad range of services, including medical/surgical care, complex/long term care, rehabilitation, palliative care, obstetrical care and intensive care. NHH also sponsors a Community Mental Health Centre and an Assertive Community Treatment Team. The hospital serves the catchment area of west Northumberland County. A mixed urban and rural population of approximately 60,000 residents, west Northumberland is comprised of the Town of Cobourg, the Municipality of Port Hope, and the Townships of Hamilton, Cramahe and Alnwick/Haldimand. NHH employs over 500 people and is an active member of the Central East LHIN. For more information, please visit [www.nhh.ca](http://www.nhh.ca).