

**The Youth Cares Committee of the
Northumberland Hills Hospital Foundation
Announces the Return of the Survivor Health Hustle**

March 29, 2007

NORTHUMBERLAND – The Youth Cares Committee of the Northumberland Hills Hospital Foundation is pleased to announce the return of a unique charity event. On Saturday, May 12th, 2007, **Survivor Health Hustle 2** will take place at Victoria Park & Beach in Cobourg.

Survivor Health Hustle 2 will be a fun, energetic event consisting of seven mini-challenges that require skill and teamwork. The challenges include an inflatable obstacle course, a beach obstacle course, a blind-folded stretcher race, and a buried puzzle relay. Teams will be awarded points for completing each challenge, and the team with the highest score after completing all challenges will be declared the winner.

Competitors in **Survivor Heath Hustle 2** will register teams of six people. There is a minimum entry fee of \$240 per team. To raise funds, participants will collect pledges from members of the community. The event is limited to 30 teams of six people.

Funds raised during **Survivor Health Hustle 2** will be directed toward the purchase of a new cardiac monitor/defibrillator for the Emergency Room at Northumberland Hills Hospital.

The Youth Cares Committee would like to thank the following businesses for their generous support in this great event: Lynn Hardy/RBC Dominion Securities, Vandermeer Toyota, IBEW Local 894, Tim Horton's of Whitby & Oshawa, Eastons Group of Companies, Lubricon Industries, Dr. Michael Bigger, and Coveright Surfaces.

The Youth Cares Committee provides an opportunity for motivated students to learn about healthcare and develop strong leadership skills, while contributing to their community. Formed in 2005, the committee brings together youths from across west Northumberland to organize and execute a fundraising event in support of Northumberland Hills Hospital.

Pledge forms are now available from Youth Cares Committee members, school offices, or online at www.nhh.ca. **Survivor Health Hustle 2** is a rain or shine event.

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For more information, please contact:

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